# Some FAQs on Internships and Anthropology and UVM

Many of our students undertake internships abroad or in the U.S. with direct relevance to their anthropology degrees—in not-for-profit organizations, businesses, government, media, international organizations. Whether it is for credit or not, internships offer excellent opportunities for gaining practical experience and networking opportunities, as well as a chance to explore your academic and career interests.

#### How do I go about obtaining an internship?

It is up to you to identify and apply for specific internships. The Anthropology Department does not formally recommend any specific internship programs, but we are happy to advise you through the process and talk through different internship possibilities with you. CAS has several resources and coordinators to help students find an internship partner. Much of what you need to know about internships has been gathered by the <a href="College of Arts and Sciences Internship">College of Arts and Sciences Internship</a>
<a href="Program">Program</a>. Other internship resources can be found at the <a href="UVM Career Center">UVM Career Center</a> (see Interest Groups, Handshake, Catamount Connect, Experiential Learning, and Career Resources).

### Should I pursue credit for an internship?

That is up to you and your situation. Ultimately, the most important place to document an internship is on your resume (and, possibly, through future employment references). In some cases, it will be worth it to pursue credit, but there is no reason to pay tuition for credit you don't need. If an organization requires you to sign up for credit that you do not need and they do not intend to pay you, UVM has created SINT credit, which only costs \$100, but does not count toward graduation (it is often also used by international students for VISA requirements).

#### How do I get credit for an internship?

If you plan to seek Anthropology credit for an internship, you will need to identify a faculty member to supervise the academic aspects of the internship and provide an override so you can register for internship credit. Ideally, the faculty member is someone who knows you and has research, teaching, or consulting ties to the focus of the organization to which you are applying. Together with that professor, you will decide the type of academic work that will accompany the internship, such as directed readings, producing a research paper, different kinds of writing such as journaling or reports, and/or some other product. We suggest that you also reach out to the internship stakeholders to discover what outcomes may be useful to them (e.g., website materials or research that can benefit them in some way). Before you begin your internship, you outline the expected work in an internship agreement form, which is signed by you, your academic supervisor and internship sponsor, and the Anthropology Department Chair or representative.

There are three options for earning credit in Anthropology through internships:

ANTH 093. Internship (1-3 credits\*), which is rarely used

ANTH 193. Internship (1-18 credits), the most common option

ANTH 293. Internship (1-18 credits), will not count toward the BA's 200-level requirement \*see below for details on credits

There are also courses outside of Anthropology that offer credit for internship work, including AS-190. All require that you arrange credit before starting the internship and all involve an academic component in addition to the internship hours.

### How many credits can I earn through internships?

A maximum of 12 internship credits may be counted *overall* toward the general B.A. or B.S. degree requirements at UVM. Specific allowances for the Anthropology major vary dependent on your catalog year and designation in the major (B.A. vs. B.S). For example, the 2020-2021 catalog reads:

- **BA:** Only 3 credits of the following practicum courses may count toward the major: ANTH 093, ANTH 191, ANTH 193, ANTH 291, ANTH 293. *ANTH 293 will not count toward the 200-level requirement*.
- **BS:** Only 9 credits of the following practicum and independent research courses may count toward the major: ANTH 093, ANTH 191, ANTH 192, ANTH 193, ANTH 198, ANTH 291, ANTH 292, ANTH 293, ANTH 298, HON 202, HON 203.

The number of credits requested is based on the following criteria. To count your internship toward a specific degree requirement, you almost always must complete at least three credits at once. You may complete more than one internship course while you are a student at UVM, keeping the information above in mind.

Credits	Hours Worked*	Sample Workload (# of Essays)**
1	45	2
2	90	3
3	140	5
4	180	6
5	240	7
6	280	8
7	320	9
8	380	10
9	420	11
10-12	560+ permission	12-14

<sup>\*</sup>Total number of required hours (usually spread out relatively evenly over the number of weeks you work)

#### Can I get paid for an internship (even if I am earning credit)?

Yes, as long as the organization sponsoring your internship is able and willing. There are no concerns at all about being paid and also earning credit, which is for the academic work you do. While encouraging organizations to compensate interns in some way, UVM considers pay arrangements to be private between the student and the organization. Some corporations must pay interns to comply with their interpretation of Bureau of Labor regulations, but it is not always possible for organizations to pay interns. In those cases, UVM offers some competitive grants for students who are under-compensated (see the website linked above for more details).

Can I take off from UVM and do an internship during one semester and have it count as credits in another semester when I am back on campus?

<sup>\*\*</sup> Customizes through consultation with your supervising faculty member as described above

Internship credits are usually available only for the semester in which you are doing the work. If you intend to pursue an internship in the summer or while taking a semester of leave from UVM, please talk to your advisor about other ways you might earn credit and deepen your knowledge of themes you learned about while working as an intern.

Are there any options for earning internship credit while in another city or country?

This may be difficult to arrange but it is sometimes possible depending on circumstances. You can apply for some formal programs that UVM has in some major cities (e.g., DC and Boston). Check out the link provided above and contact your advisor and the CAS internship coordinators to discuss this further.

Find more Internship resources at the UVM Career Center: Interest Groups, Handshake, Catamount Connect, Experiential Learning, and Career Resources <a href="https://www.uvm.edu/career">https://www.uvm.edu/career</a>



Internships - UVM has a wide range of experiential learning programs and opportunities to support you becoming career-ready.

Looking to combine your classroom learning with work in a professional setting? Internships can be paid, unpaid, for credit or not-for-credit, and can take place in Burlington, out-of-state, or even in another country - but in any internship, you can expect to learn by doing, to develop new

professional skills and experience, and to network with professionals in the industry.

## LEARN MORE ABOUT INTERNSHIPS