# CURRICULUM VITAE (January 2021) Antonio Cepeda-Benito (acepeda@uvm.edu)

### ACADEMIC APPOINTMENTS (present to past)

### The University of Vermont, Burlington, VT 05405 (Since 2012)

- Professor of Psychological Science (primary) (since 2012)
- Professor of Medicine (secondary) (since 2018)
- Dean College of Arts and Sciences (2012-2015)

# Texas A&M University, College Station, TX 77843 (1994-2012)

- Dean of Faculties & Associate Provost (2009-2012)
- Associate Dean of Faculties (2006-2009)
- Professor of Psychology (2005-2012)
- Associate Professor of Psychology (2000-2005)
  - Visiting Professor, University of Alicante, Alicante—Spain (2001-02)
- Assistant Professor of Psychology (1994 to 2000)

#### **EDUCATION**

- Ph.D. (Psychology) May 1994, Purdue University, West Lafayette, IN
  - Professional Internship (Clinical Psychology) August 1993-94, Indiana University School of Medicine, Indianapolis
- M.S. (Psychology) May 1991, Purdue University, West Lafayette, IN
- B.A. (Psychology) May 1988, University of Wisconsin-Milwaukee

# PROFESSIONAL LICENSES

- Psychologist, Vermont (since 2016)
- Psychologist, Texas (April 1996–2013, since 2015)

# SELECTED HONORS

- TOP 100 MOST INFLUENTIAL HISPANICS: Hispanic Business Magazine-2009
- NATIONAL AWARD OF EXCELLENCE IN MENTORSHIP-2008 (National Hispanic Science Network [*NHSN*] on Drug Abuse).
- NATIONAL AWARD OF EXCELLENCE IN PUBLIC SERVICE-2006 (NHSN).
- THE OFFICE OF THE EXECUTIVE VICE PRESIDENT AND PROVOST OUTSTANDING INDIVIDUAL ACHIEVEMENT DIVERSITY AWARD-2003 (Texas A&M University).
- COLLEGE OF LIBERAL ARTS SUPERIOR SERVICE AWARDS-2002 in recognition of exemplary values and promoting efforts in promoting Diversity (Texas A&M University)
- TEXAS A&M UNIVERSITY ACADEMIC INSPIRATION AWARD-1999
- PSYCHOLOGY TEACHER OF THE YEAR AWARD-1998
- SIGMA XI-The Scientific Research Society
- PHI BETA DELTA-- Honor Society for International Scholars
- JAMES D. LINDEN AWARD-1993 (Presented annually to the top graduate student, Clinical Psychology, Purdue University, West Lafayette, IN)
- PHI BETA KAPPA-1988 (University of Wisconsin-Milwaukee)

# **ADMINISTRATION**

### The University of Vermont—Dean of The College of Arts and Sciences (2012-2015)

Chartered in 1791, the same year that Vermont became the 14th state, The University of Vermont (UVM) was established as the fifth college in New England (after Harvard, Yale, Dartmouth and Brown). Although it began as a private university, UVM attained quasi-public status with the passage of the Morrill Land-Grant College Act in 1862 and the addition of the State Agricultural College. Today, the university blends the traditions of both a private and a public university. UVM combines faculty-student relationships most commonly found in a small liberal arts college with the resources of a major research institution. The university is home to about 10,500 undergraduates, 1,500 graduate students, 500 medical students and 1,500 faculty. UVM is organized into seven undergraduate schools and colleges, offering 101 bachelor's programs, and four pre-professional options. The Graduate College offers 54 master and 24 doctoral programs, and an M.D. program through the College of Medicine. UVM is fully accredited by the New England Association of Schools and Colleges.

Being the Dean of the College of Arts and Sciences (CAS) at the University of Vermont (UVM) was an immense privilege and honor that carried large demands and responsibility. The College of Arts and Sciences (CAS) at UVM provides students with a sound liberal education through close interaction with nationally and internationally noted scholars. During my tenure as Dean, CAS was home to 21 departments and 14 interdisciplinary programs that house about 5,000 students, 300 faculty and 100 staff. The College offered three undergraduate degrees (B.Mus., B.S. and B.A.), with 48 majors in the Fine Arts, Humanities, Natural Sciences, and Social Sciences. CAS offered doctoral and master programs in Biology, Chemistry, and Psychology; master programs in English, Geology, German, Greek, Latin, Historic Preservation, History, and Physics; and intercollege doctoral programs in Cell and Molecular Biology, Material Science, and Neuroscience. CAS housed The Center for Holocaust Studies, The Center for Research in Vermont, and The Humanities Center. CAS faculty also contributed to a wide range of interdisciplinary research initiatives, including the Behavioral Neuroscience and Health Initiative, the Complex System Center, the Food Systems Initiative, the Vermont Center on Behavior and Health, Vermont EPSCOR, and the Vermont Genetics Network among others.

In no particular order, a few accomplishments and highlights from my tenure include,

- Development and implementation of a College Strategic Plan
- Developing and seeding plans to create a new *Ph.D., in Physics, a B.A. in Music Technology and Business,* and minors in *Critical Race and Ethnic Studies, Jewish Studies, and Writing.*
- Improvements in first and second-year retention, as well as in exit student satisfaction.
- Proposing, planning and breaking ground for a \$130 million, new Science and Technology Complex.
- Balancing a \$3 million structural-budget deficit while more than doubling operational and research funding for faculty across all the disciplines.
- From a handful to nearly a third of our students now to graduate with a substantive internship experience (accomplished through the creation of a college internship office).
- Substantively increased the ethnic/gender diversity of the tenure-track faculty across the sciences, including hiring the first woman and minority faculty in chemistry, first African American male and Latinx female faculty in Biology, and the second African American female faculty in Psychological Science.
- Jumped started development efforts with the creation of an External Advisory Board and housing of two development officers within the college. The college began to average over \$2 million/year in gifts that funded endowed internships, scholarships, and professorships. In addition, the college advancement efforts contributed about \$12 million to support new and existing capital projects.

# Texas A&M University—Dean of Faculties and Associate Provost Office (2006-2012)

Texas A&M University became Texas' first public institution of higher learning in 1876. What started as the Agricultural and Mechanical College of Texas for six male students is now home to about 60,000 students, ranking among the 5<sup>th</sup> largest universities in the country. Having achieved international recognition as a leading research and teaching institution and as one of only 62 invited members of the Association of American Universities (AAU), Texas A&M is a top tier public research university. TAMU ranked #19 in higher education research and development expenditures in FY13 (NSF), and #4 for most affordable comprehensive public universities with high return on investment in FY14 (*Payscale*). Texas A&M has two branch campuses (Galveston-Texas, and Doha-Qatar) and three centers abroad (Italy, Mexico, and Costa Rica). College Station alone is home to 10 colleges and 66 departments. About 3,000 faculty guide the reins of this research-intensive flagship university that prides itself for providing an excellent education and rich student life. Its faculty and students engage in learning and discovery in a wide range of academic and professional fields represented by more than 250 different degree offerings.

I served as Dean of Faculties and Associate Provost from 2009 to 2012. The Office of the Dean of Faculties was organized into seven separate offices, the <u>Dean of Faculties</u>, the <u>Center for Teaching Excellence</u>, <u>Callaloo</u>—the premier Journal of the African Diaspora Arts and Letters, the <u>Faculty Senate</u>, <u>International Faculty and Scholar</u> <u>Services</u>, <u>Intercollege Interdisciplinary Degree Programs</u>, and the <u>Academy for the Visual and Performing Arts</u>, with the last three added or created between 2010 and 2012. In all, 34 full time employees and 15 to 20 undergraduate and graduate student workers made up the Dean of Faculties and affiliated offices. Direct reports included three Associate Deans, an Assistant Dean, and two Directors (with the exception of the assistant dean, all others had faculty appointments in academic departments).

# **PROFESSIONAL SERVICE (selected)**

# **University of Vermont**

# (University wide)

- UVM Ombudsperson
- Faculty Senate Representative (2019-ongoing)
- Curricular Affairs Committee of the Faculty Senate (2017-2019)
- Chair—Council of Deans (COD). Shortly after my arrival, I prompted the formation of the COD to create a mechanism by which academic leaders could influence and shape university priorities, strategies and policies. To date, the COD has encouraged a number of important new initiatives, including: changing the university's incremental budget model to a Responsibility Centered Management (RCM) model, redistributing resources to create greater balance between the budgets allocated to academic and non-academic units, and bringing to the forefront of our priorities raising the academic rigor and challenge, along with the support, offered to students (2015)
- **Distance Education Task Force**. The group developed mission and vision statements and a strategic action plan for the university. We also provided a practical guide and protocols to facilitate processes that ranged from the development and approval of new courses to the accreditation of new programs. (2014-15)
- STEM Building Steering Committee. Shortly after my arrival, I invited the UVM President to tour with me the laboratory classrooms and research spaces of the faculty in the departments in chemistry, physics, and psychology. I then lobbied strongly for the need to build new facilities for those units. In May of 2015, we broke ground to start construction of the STEM Complex, which will incorporate the College of Engineering and Mathematical Sciences, as well as the CAS Departments of Physics and Chemistry (2013-15)

• **STEM Leadership Council**. The Leadership Council works closely with the Provost, the UVM Foundation, and prominent alumni and community leaders to develop a capital campaign message and plan to raise funds for the \$108 M project (2014-15)

# (College of Arts & Sciences and Department of Psychological Science)

- Chair—Tenure Track Faculty Search Committee (2019-20 AY)
- Department of Psychological Science Undergraduate Curriculum Committee (2016-ongoing)
- Ad hoc committee: CAS Bylaws Committee (2017-2018)
- Ad hoc committee: CAS Identifying Study Abroad Opportunities in the Sciences (2015-2016)
- Ad hoc committee CAS student experience, engagement and success (2015-2016)

# Texas A&M University

- Chair Imperative Study Team: Vision 2020—Enlightened and Shared Governance—2010—2012
- Chair Task Force on Faculty Performance Evaluations—2010—2012
- Council on Climate and Diversity—2010—2012
- Faculty Advisory Committee (VP for Student Affairs)—2009--2012
- Conflict of Interest Task Force—2009—2012
- Export Control Task Force—2009—2012
- Academic Master Plan Steering Committee—2009—2012
- Commencement Committee—2008—2012
- Special Situations Team (Tell Somebody Hotline)—2008—2012
- Drug Free Schools and Community Act Committee—2008—2012
- Executive Committee Faculty Senate—2007—2012
- IPO/Chamber Collaborative Committee—2006—2012
- Strategic Budget Reallocation Team: Elevating the Faculty Chair—2010—2012
- Athletics Task Force—2009-2010
- Task Force on Shared Governance—2009-2010
- President Search Committee—2009-2010
- Council of the Built Environment—2009-2010
- Increasing International Experiences—Faculty Engagement Committee—2008-2009
- Provost Search Committee—2008-2009
- University Press Advisory Committee—2006-2008
- Research Committee Faculty Senate—2006-2008
- Chair Diversity Committee of Faculty Senate—2006-2007
- Diversity Committee-College of Liberal Arts—2000-2006
- President of the Professional Hispanic Network (Texas A&M University)-2005-2006
- Chair Undergraduate Psychology Curricula Committee—2002-2005
- Psychology Faculty Advisory Committee—2002-2005
- Psychology Diversity Committee—2002-2005
- Texas A&M University Laboratory Animal Care Committee—2000-2005
- Chair of the Clinical Area Minority Recruitment and Retention Clinical Committee—1996-2001
- Chair of the Clinical Area Students' Progress and Outcome Assessment—1996-2001
- College of Liberal Arts Hispanic Studies Advisory Committee—1999-2000
- Chair of the CLA Dean's Diversity Advisory Faculty Committee—2000-2001
- Research Faculty of the <u>Liberal Arts Initiative in Health Behavior and Health Care Policy</u> <u>Texas A & M University</u>—1994-2000

• Psychology Human Subjects Committee—1994-1996

# Local and State (Advisory Boards)

- 2013-present University of Houston ADVANCE Advisory Board
- 2000-2001 Texas Department of Health Tobacco Task Force
- 1997-1998 Safe and Drug-Free Schools Advisory Council of Texas, Region VI.
- 1994-1997 HealthSmart Coalition Anti-Tobacco Committee, College Station, TX

#### National

- National Hispanic Science Network on Drug Abuse, Conference Planning Committee (2001-2002; 2003-2005; 2016; 2018)
- Mentor—American Psychological Association Minority Fellowship Program (2007-2010)
- co-Chair National Hispanic Science Network on Drug Abuse Conference (2006-2008)

#### International

- Chair of the International Events Program for the Annual Conference of National Hispanic Science Network on Drug Abuse, (2002, 2004-2012).
- Advisory Board of the National Institute of Research and training on Drugs. Spanish Ministry of Interior: Government Delegation for the National Plan Against Drugs (2002-2003)
- Founding Chair of the International Research Collaborations Subcommittee of the National Hispanic Science Network on Drug Abuse (2003—2012).
- Founding member Steering Committee Red Latino Americana de Adicciones (REDLA) (since 2007).

### **GRANT REVIEW PANNELS**

- Grant Reviewer for SAMSHA (since 2016)
- Grant Reviewer for NIDA-K Awards (NIH) (2007-2008)
- Grant reviewer for NIDA-REDLA Awards (NIH) (2007-2008)

#### JOURNAL REVIEWER

- <u>Appetite</u>
- <u>Assessment</u>
- Psychobiology
- <u>Memory and Cognition</u>
- Personal Relationships
- <u>Psychological Assessment</u>
- Nicotine and Tobacco Research
- European Journal of Personality
- Addictive Behaviors

#### JOURNAL EDITORIAL BOARDS

#### Current

Psychological Assessment

#### Past

- Reader Digest-1997-00
- <u>Assessment</u>-2002-05
- Journal of Counseling Psychology-2003-06

- <u>Psychological Assessment</u>
- <u>Psychology of Addictive Behaviors</u>
- Experimental and Clinical Psychopharmacology
- Journal of Consulting and Clinical Psychology
- Cultural Diversity and Ethnic Minority Psychology
- <u>Clinical Psychology: Science and Practice</u>
- <u>Pharmacology Biochemistry and Behaviour</u>
- <u>Psychopharmacology</u>

• International J of Psychopathology and Behavioral Assessment-2003-2012

### **TEACHING & MENTORING**

#### Completed Teaching/Training Support (~\$3M; Only External Support Listed)

- ~\$460,000 Brazos County Community Supervision and Corrections Department: Social Service Unit; and Federal Prison Camp for Women. Supervisor in contracts that paid stipends for 1 to 3 students placed as interns (1994-2009; \$20,000 to \$40,000 per year).
- ~\$160,000 Different, in-kind sources—Most from NIDA's International Program given to support international investigators and students to attend the annual conference of the National Hispanic Science Network (NHSN) (2004-2012; \$10,000 to \$16,000 per year).
- \$2,781,000 NIH-T32 MH65728-01- Grant: Texas *Consortium* Program in Behavioral Neuroscience (co-I; 2002-2006).
- ~\$200,000 American Psychological Association: Minority Fellowship Program; and Ford Minority Fellowship Program. Three years of funding for four graduate students. (2002-2009; \$25,000 to \$30,000 per year).

#### **Undergraduate Courses:**

- Research Methods
- D1-Crosscultural Psychology: Clinical Perspectives (PSYS 276)
- Psychology of Everyday Life (PSYS 196C & PSYS 196-online)
- Psychology of Adjustment (PSYC 305 & PSYC 305-Honors)
- Abnormal Psychology (PSYC 306-Honors)

#### **Graduate Courses:**

- Cross Cultural Psychology: Clinical Intervention Assessment and Research (PSYS 357)
- Introduction to Clinical Ethics and Techniques (PSYC 608)
- Gender and Minority Issues in Clinical psychology (PSYC 633)
- Clinical Practicum (PSYC 614)

#### Master Theses chaired (\*race/ethnic minority students)

- Paul Short
- José Reynoso\*
- Keisha Henry\*
- Alexander Quirós\*
- Kristina Davis
- Agnes Subsabda\*
- Mayra Berrios\*
  - Claudia Flato\*

#### Doctoral Dissertations chaired (\*race/ethnic minority students)

- Paul Short-2000
- Ana M. Smith-2001\*
- Keisha Henry-2000\*
- José Reynoso-2004\*
- Nancy Grayson-2005
- Silvia Moreno-2005\*
- Cortney Warren-2006
- Mathew Kraus-2006
- Claudia Flato-2008\*
- Agnes Subsabda-2009\*

- Jeannine Tamez\*
- Thomas Geist
- Emily Pomichter
- Ian Méndez-2010\*
- Jeannine Támez-2010\*
- Mayra Berrios-2011\*

### **Supervision of Clinical Placements:**

- Psychology Clinic: 1994—2007 (4-5 students/year)
- Hunstville and Anderson Probation Offices: 1994-96 (1-2 students/year)
- Brazos County Probation Office: 1994-present (1-3 students/year)
- Women's Federal Prison: 1997-2005 (3 students/year)

### SELECTED CONTRIBUTIONS TO SCIENCE

### **Animal Research**

Much of my earlier work was dedicated to the study of tolerance development to morphine's analgesic effects, with my most notable contribution being demonstration that morphine tolerance that is context-dependent is retained over long drug-free periods following the end of the morphine administration regime. My research team published the first demonstration that interoceptive, drug stimuli may function as conditioned stimuli in support of conditioned drug tolerance, the first dose-response curve analysis of tolerance development to nicotine's analgesic effects, evidence that conditioned tolerance to nicotine is supported by a conditioned release of corticosterone by stimuli associated with drug delivery, and that the length of the inter-dose interval determines whether tolerance development is supported by associative (learned) or non-associative (not learned) processes.

My team has contributed to understand the effects of smoking and smoking cessation on eating behavior and weight changes through the development of new animal models to manipulate nicotine effects and intervening factors on meal patterns and body weight. Our specific contribution is to demonstrate that nicotine administered intermittently during the dark portion of the rat's light-dark day cycle whereas rats receiving intermittent injections of nicotine eventually develop a compensatory increase in meal number that has is not observed in rats receiving the nicotine continuously infused. In addition, we found that intermittent nicotine exposure induced a greater suppression of caloric intake and weight gain in rats on a high-fat than on a low-fat, chow diet. Most recently, we have demonstrated that a small nicotine dose continuously infused in male rats maintained on a high fat diet decreases weight gain independently of caloric intake. Our results underscore the importance of approximating drug administration and animal maintenance protocols when developing animal models to test drug effects.

#### Human Research

At the time of publication, my 1993 meta-analysis was the most sophisticated and nuanced systematic review on the effectiveness of nicotine gum for smoking cessation. Unlike previous reviews, I was able to ascertain that, based on sound, randomized outcome studies, nicotine gum improved long-term smoking cessation outcomes when administered in conjunction with a comprehensive smoking cessation program. Note that later metaanalyses and other systematic literature reviews of the effectiveness of nicotine replacement therapies (NRT; e.g., Cochrane Meta-Analyses) followed the overall organizational strategy I employed in my study. My team also published the first meta-analysis to examine the differential efficacy of NRT for smoking cessation between men and women. The findings provided clear empirical evidence that NRT was superior to placebo and similarly effective for men and women at short- and midterm follow-ups, but was more effective for men than women at long-term follow up. Other well received meta-analysis related contributions include a meta-analysis on eating disorders prevention<sup>28</sup> and a rebuttal through re-analysis of a very controversial meta-analysis that concluded that sexual abuse was not harmful to children.

In collaboration with colleagues and students, my team has substantively contributed to enhance the scientific understanding of food cravings and the role food cravings play the development and maintenance of eating disorders. For example, we developed and validated the first, multidimensional measure of food craving to

assess food craving as a trait or individual characteristic, as well as a state in reaction to cues, or physiological, mental, or emotional states. This tool has been translated into many languages, including Chinese, Dutch, French, German, Italian, Portuguese, and Swedish. Also, from a cross-cultural perspective, I have contributed substantively to the development and validation of questionnaires or tools to asses a wide variety of constructs, including many related to body image and eating disorders, drug cravings, psychological distress, and marital satisfaction.

Currently I am collaborating with the UVM Cancer Center to establish a smoking cessation clinic that will focus on helping long-term smokers quit with the aid of a computerized assisted program and by creating a "teaching moment" associated with how feedback is given to lung-cancer screened patients who test negative for cancer. I also collaborate with the Vermont Center on Tobacco Regulatory Sciences and am currently working with a team of researchers to examine the impact of regulatory policies on smoking and tobacco use behaviors in vulnerable populations.

### **RECENT GRANT ACTIVITY**

#### Ongoing

\$10,000 (January 2020-June 2021) College of Arts and Sciences-Bishop Joyce Competitive Award. Develop and validate a web-based application to aid medical care personnel help older, rural smokers quit tobacco

#### **Not Funded**

- \$50,000 Reaching out to rural Vermont: Clinic/Web-based intervention for smoking cessation (with Garth Garrison [Co-I]). David Kaminsky [Co-I]) Pilot Project Application—University of Vermont Cancer Center
- \$99,700 (Original submission July, 2017—Invited Resubmission) Prevent Cancer Foundation-*Preventing Lung Cancer: An App that Motivates LDCT-screened Smokers to Quit* (PI with Edmund Folefac & David Kaminsky).
- \$161,997 (December, 2016) Lung Cancer Society-*Preventing Lung Cancer: An App that Motivates LDCT*screened Smokers to Quit (PI with Edmund Folefac & David Kaminsky).
- \$734,000 (January 2016) NIH/NCI-Behavioral imagery to augment smoking cessation counseling provided during lung cancer LDCT screening at the University of Vermont Cancer Center (PI with Edmund Folefac).

#### COMPLETED RESEARCH SUPPORT (>\$5M)

- \$37,288 Ended 12/31/2019 --REACH grant program—Office of VP Research, UVM. *Efficacy of a Novel Biofeedback Motivational Intervention for Smoking Cessation* (PI with Edmund Folefac [Co-PI]).
- \$190,000 03/30/15-06/30/18 (no-cost extension to 12/30/19) Secretary of Universities, Research and Technology—Andalucía, Spain-*Motivational Value of Food Stimuli: Implications for the Prevention Eating Disorders and Obesity.* (Co-Pi with M Carmen Fernández)

\$27,344	3/1/2016—2018 Translational Cancer Research Program—American Cancer Society/UVM Cancer Center Collaborative. <i>Efficacy of a Novel Biofeedback Motivational Intervention for Smoking Cessation II</i> (Mentor to Edmund Folefac [PI] & Garth Garrison [Co-PI]).
\$10,000	5/1/2016—2017 Seed Grant Award, College of Arts and Sciences, UVM. <i>Baseline Survey for a Novel Intervention for Smoking Cessation</i> (PI)
\$4,137,330	ADVANCE: Promoting Success of Women Faculty through a Psychologically Healthy Work Place (November 2010—2015 funded by NSF) (Co-PI with Sherry Yennello [PI], Robin Autenrieth, Stephanie Payne, & Karan Watson [Co-PIs]).
\$10,000	Development of an Adolescent HIV/STD Risk-of-Exposure Screen (January, 2007 Subcontract with a 5-year, multi-site study funded by the National Institute on Drug Abuse, NIH) (PI on Sub- contract).
\$10,000	Development of an Adolescent HIV/STD Risk-of-Exposure Screen (December 2006 Subcontract with a 5-year, multi-site study funded by the National Institute on Drug Abuse, NIH) (PI on Sub- contract).
\$45,000	Motivational Mechanisms of Food Craving: Its Relevance for Understanding Eating Disorders. Ministerio de Educación y Ciencia (Ministry of Science and Education). 2005-2008 (Co-PI with M Carmen Fernández [PI] and Jaime Vila [Co-PI]).
\$27,000	Food Cravings and Eating Disorders: Assessment Instruments and Physiological Mechanisms. Ministerio de Ciencia y Tecnología (Ministry of Science and Tecnólogy-Spain). 2002-2005 (with M Carmen Fernández and Jaime Vila)
\$535,864	NIDA-R01. Nicotine Tolerance: Associative and Nonassociative Effects. PI 2000-2005.
\$20,000	Ministerio de Educación, Cultura y Deporte: Ayudas Para Profesores, Investigadores, Doctores y Tecnólogos Extranjeros en España (Ministry of Education Culture and Sports-Spain: Grants provided to foreign investigators, doctors, and technologists in Spain. <i>Smoking and Eating Disorders Research.</i> PI 2001-2002.
\$25,000	NIDA's Small Grant Program. <i>Nicotine Tolerance: Associative and Nonassociative Effects</i> PI. 1997-1998.

#### PEER REVIEWED JOURNAL PUBLICATIONS (\*students/former students; \*corresponding author)

- 1. Hernández-López, M., Cepeda-Benito, A., & Rodríguez-Valverde, M. (2020). Psychological Inflexibility and Mental Health Symptoms during the COVID-19 Lockdown in Spain: A Longitudinal Study. *Journal of Contextual Behavioral Science* (in press)
- 2. Cepeda-Benito, A. (2020). Nicotine Effects, Body Weight Concerns and Smoking: A Literature Review. *Current Pharmaceutical Design. 26*(20):2316-2326
- 3. ∳Cepeda-Benito, A., \*Moreno-Domínguez, S. (2019). Beyond Eating and Body Image Disturbances: Cultural, Transcultural and Accultural Perspectives. *Frontiers in Psychology*, *10*, 2601.

- 4. Higgins, S. T., Kurti, A. N., Palmer, M., Tidey, J. W., Cepeda-Benito, A., et al. (2019). Review of Tobacco Regulatory Science Research on Vulnerable Populations. *Preventive Medicine*.
- 5. \*Moreno-Domínguez, S., Rusztein, G., \*Geist, T. A., \*Pomichter, E. E., & \*Cepeda-Benito, A. (2019). Body Mass Index and Nationality (Argentine vs Spanish) Moderate the Relationship between Internalization of the Thin Ideal and Body Dissatisfaction: A Conditional Mediation Model. *Frontiers in Psychology*, 10, 582
- 6. \*Moreno-Domínguez, S., Servián-Franco, F., Reyes del Paso, G. A., <sup>∲</sup>Cepeda-Benito, A. (2019). Images of thin and plus-size models produce opposite effects on women's body image, body dissatisfaction, and anxiety. *Sex Roles*, 80 (9-10), 607-616
- Nighbor, T., Doogan, N. J., Roberts, M. E., Cepeda-Benito, A., . . ., Higgins, S. T. (2018). Smoking prevalence and trends among a U.S. national sample of women of reproductive age in rural versus urban settings. *PloS One* 13 (11), e0207818
- 8. Kurti, A. N., Redner, R., Bunn, J. Y., ..., Cepeda-Benito., A.,..., & Doogan, N. J. (2018). Examining the relationship between pregnancy and quitting use of tobacco products in a US national sample of women of reproductive age. Preventive Medicine, 117, 52-60.
- Kurti, A. N., Bunn, J. Y., Villanti, A. C., ... Cepeda-Benito., A.,... & Phillips, J. K. (2018). Patterns of single and multiple tobacco product use among us women of reproductive age. Nicotine and Tobacco Research, 20(suppl\_1), S71-S80.
- Lopez, A. A., Redner, R., Kurti, A. N., ..., Cepeda-Benito, A., ..., Higgins, S. T. (2018). Tobacco and Nicotine Delivery Product Use in a U.S. National Sample of Women of Reproductive Age. *Preventive Medicine*. 17, 61-68.
- 11. Parker, M. A., Villanti, A. C., Quisenberry, A. J., ..., Cepeda-Benito, A., ..., Higgins, S. T., (2018). Tobacco Product Harm Perceptions and New Use. *Pedriatics*, 142(6):e20181505.
- 12. Gaalema, D., Pericot-Valverde, I., Bunn, J., Villanti, A., Cepeda-Benito, A, ... Higgins, S. T. (2018). Tobacco Use in Cardiac Patients: Perceptions, Use, and Changes after a Recent Myocardial Infarction among US Adults in the PATH Study (2013-2015). *Preventive Medicine*, 117, 76-82.
- 13. Cepeda-Benito, A., Doogan, N. J., Redener, . . ., Higgins, S.T. (2018). Smoking Trends Differences in Men and Women in Rural and Urban U.S. Settings. *Preventive Medicine*, *117*, *69-75*
- 14. \*Wrenn, S., Cepeda-Benito, A., Ramos-Valadez, D. Cataldo, P. (2018). Patient perceptions and quality of life after colon and rectal surgery: what do patients really want? *Diseases of the Colon & Rectum. 61 (8), 971-978*
- 15. Kurti, A. N., . . ., Cepeda-Benito, A., . . ., Higgins, S. T. (2017). Tobacco and Nicotine Delivery Product Use in a National Sample of Pregnant Women. *Preventive Medicine*, *104*, 50-56.
- 16. Doogan, N.J., Roberts, M.E., Wewers, M.E., . . ., Cepeda-Benito, A., . . ., Higgins, S.T (2017). A growing geographic disparity: Rural and urban cigarette smoking trends in the United States. *Preventive Medicine*, *104*, 79-85.
- Roberts, M. E., Doogan, N. J., Stanton, C. A., Quisenberry, A. J., Villanti, A. C., Gaalema, D. E., ... & Cepeda-Benito, A. (2017). Rural Versus Urban Use of Traditional and Emerging Tobacco Products in the United States, 2013–2014. *American Journal of Public Health*, *107* (*10*), 1554-1559.
- Valderrama-Zurián J-C, Aguilar-Moya R, Cepeda-Benito A, Melero-Fuentes D, Navarro-Moreno M-Á, Gandía-Balaguer A, & Aleixandre-Benavent R (2017) Productivity trends and collaboration patterns: A diachronic study in the eating disorders field. PLoS ONE 12(8): e0182760. doi:10.1371/journal.pone.0182760

- 19. Keith, D. R., Stanton, C. A., Gaalema, D. E., . . ., Cepeda-Benito, A., . . ., Higgins, S. T. (2017). Disparities in US healthcare provider screening and advice for cessation across tobacco products and chronic medical conditions: NSDUH 2013-201. *Journal of General Internal Medicine*, 1-7.
- 20. \*Mendez, I. A., \*Carcoba, L., Wellman, P. J., & <sup>∲</sup>Cepeda-Benito, A. (2016). High-Fat Diet Meal Patterns During and After Continuous Nicotine Treatment in Male Rats. *Experimental and Clinical Psychopharmacology.* 24(6), 477-484.
- 21. \*Moreno-Dominguez, S., Rodriguez-Ruiz, S., Fernandez-Santaella, M. C., <sup>∲</sup>Cepeda-Benito, A. (2012). Impact of fasting on food craving, mood and consumption in bulimia nervosa and healthy women participants. *Eating Disorders Review*, 20(6), 461-467.
- 22. \*Carcoba, L. M., \*Contreras, A. E., Cepeda-Benito, A., & Meagher, M. W. (2011). Negative affect heightens opiate withdrawal-induced hyperalgesia in heroin dependent individuals. *Journal of Addictive Diseases 30*, 258-270.
- 23. \*Muñoz, M. Á, Martínez, J. A., Fernández-Santaella, M. C., Vila, J., & Cepeda-Benito, A. (2010). Two scales to evaluate cocaine craving. *Substance Use & Misuse*, *45*(9).
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#### BOOKS

- 1. Lawson, R., Anderson, E., & Cepeda-Benito, A. (September 2017), A History of Psychology: Globalization, Ideas, and Applications, 2nd Edition (Routledge)
- 2. Cepeda, L. M., & Cepeda-Benito, A. (2014). *Therapist and Adolescent Behavior in Online, Text-Delivered Therapy*. Saarbrücken, Germany: Scholar's Press.
- 3. Cepeda-Benito, A., Fernadez, M. C., & Vera, M. N. (1999). La Obesidad. Madrid, Spain: UNED-FUE

#### **BOOK CHAPTERS**

- 1. Cepeda-Benito, A. (2014). Funciones ejecutivas y la impulsividad en el abuso de drogas. In F. Abella, & J. L. Celma-Merola, (2<sup>nd</sup> ed.). *Neuropsicologia de la Impulsividad*, Universidad de Lleida, Lleida-Spain.
- 2. Cepeda-Benito, A. (2007). Drug Tolerance. International Encyclopedia of the Social Sciences, 2nd edition, edited by William A. Darity, Jr. Detroit: Macmillan Reference USA.
- Cepeda-Benito, A. (2006). Deseo de consumir: El constructo del "craving." In J. C. Pérez de los Cobos; J. C. Valderrama Zurián; G. Cervera Martínez; G. Rubio Valladolid, *Tratado SET de Trastornos Adictivos*, (pp. 132-138). Editorial Médica Panamericana: Buenos Aires/Madrid.
- 4. Cepeda-Benito (2005). La reglamentación en E.E.U.U. con respecto al fumador pasivo [Passive smoking laws in the U.S.]. In J. R. Calvo-Fenández (Ed.), 1<sup>er</sup> Encuentro Iberomexicano sobre tabaquismo (pp. 37-47). Las Palmas de Gran Canaria, Spain: Servicio de Publicaciones de la Universidad de Las Palmas de Gran Canaria.
- Snyder, D. K., Cepeda-Benito, A., Abbott, B. V., Gleaves, D. H., Negy, C., Hahlweg, K., & Laurenceau, J. P. (2004). Cross-cultural applications of the Marital Satisfaction Inventory-Revised (MSI-R). In M. E. Maruish (Ed.), Use of psychological testing for treatment planning and outcomes assessment (3<sup>rd</sup> ed.) (pp. 603-623). Mahwah, NJ: Erlbaum.
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- 7. Gleaves, D., Cepeda-Benito, A. (2002). Eating disorders. In J. C. Thomas & M. Hersen (Eds.). *Handbook of Mental Health in the Workplace*. Sage Publications.
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- 9. Cepeda-Benito, A., Gleaves, D. (2001). A critique of food Cravings research: Theory, measurement, and food intake. In M. Hetherington (Ed.), *Food Cravings and Addiction* (p. 1-22). Surrey, UK: Leatherhead.
- 10. Tiffany, S. T., & Cepeda-Benito, A. (1994). An examination of conditioned tolerance and potential compensatory responses on four assays of morphine analgesia. NIDA RESEARCH MONOGRAPH, 141, 88-88.

#### **Representative CONFERENCES AND OTHER PRESENTATIONS since 2000 (Bold +** *italics* **= invited talks)**

- 1. Nighbor, T., Doogan, N. J., Roberts, M. E., Cepeda-Benito, A., . . ., Higgins, S. T. 2019, February). Smoking prevalence and trends among a U.S. national sample of women of reproductive age in rural versus urban settings. Society for Research on Nicotine and Tobacco, San Francisco, CA.
- 2. Quisenberry, A., Doogan, N.J., ... Cepeda-Benito A., Higgins, S. (2019, February). Advertising Diversity Receptivity Mediates a Disparity to Progression to Regular Cigarette Use Among Sexual and Gender Minorities. Society for Research on Nicotine and Tobacco, San Francisco, CA.
- **3.** Cepeda-Benito, A. (2018, December). La ciencia al servicio de las políticas de regulación y control del tabaco en nombre de la salud pública. Universidad de Jaen, Spain
- 4. Cepeda-Benito and Ahluwalia, J. S. (2018, October). Symposium: The End of the Smoking Epidemic. National Hispanic Science Network, Washington DC/Rockville.
- 5. Cepeda-Benito A. (2018, October). Smoking Trends in Rural America: A Gendered Based Disparity. National Hispanic Science Network, Washington DC/Rockville.
- 6. Cepeda-Benito et al (2018, October). Smoking Trend Differences in Men and Women in Rural and Urban Settings. Women's Health and Cancer Conference. *Vermont Cancer Center*
- 7. Cepeda-Benito et al. (2018, February). Vulnerabilities to Tobacco Product Use and Strategies to Reduce Use Among Women of Reproductive Age: Gendered Disparity Across Rural and Urban America. Symposium accepted for presentation at the Society for Research on Nicotine and Tobacco, Baltimore, MD
- Kurti, A. N., Bunn, Villanti, et al. (2018, February). Vulnerabilities to Tobacco Product Use and Strategies to Reduce Use Among Women of Reproductive Age: Examining Patterns of Tobacco Product Use Among Pregnant Women. Symposium accepted for presentation at the Society for Research on Nicotine and Tobacco, Baltimore, MD
- 9. Villanti, Parker, Stanton, Cepeda-Benito et al. (2018, February). Differences in US Adults' Cigarette Beliefs by Education and Income: Results from 2015 HINTS Data. Symposium accepted for presentation at the Society for Research on Nicotine and Tobacco, Baltimore, MD
- 10. Kurti, A. N., Redner, R. N., Lopez, A. A., Cepeda-Benito, A. et al., (2017). Examining Patterns of Tobacco Product Use Among Pregnant Women. Paper presented at the meeting of the American Psychological Association, Washington D.C.
- 11. Lopez, A. A., Kurti, A. N., Keith, D. R., Stanton, C. A., Cepeda-Benito, A., et. al., (2017). Prevalence and Predictors of Nicotine and Tobacco Use Among Women of Reproductive Age. Paper presented at the meeting of the American Psychological Association, Washington D.C.

- 12. Roberts, M. E., Kurti, A. N., Redner, R. N., Cepeda-Benito, et. al., (2017). Cigarette Use Prevalence Among Rural Women of Reproductive Age. Paper presented at the meeting of the American Psychological Association, Washington D.C.
- 13. Kurti, A., Redner, R., Lopez, A., et al., (2017). <u>Examining Patterns of Tobacco Product Use among Pregnant</u> <u>Women</u>. Symposyum. presented to the College on Problems of Drug Dependence, Montreal, Q Canada.
- 14. Cepeda-Benito, A., Folefac, E., Pomichter, E., Price, C. (2017, March). <u>Smoking Histories, Beliefs About</u> <u>Smoking and Quitting, and Exposure to Counseling in Current and Former Smokers Referred for Lung-</u> <u>Cancer Screening</u>. Poster presented at the Society for Research on Nicotine and Tobacco, Florence, Italy.
- 15. Kurti, N. A., Bunn, J., Y., Higgins T., . . ., Cepeda-Benito, A., . . . (2017, March). <u>Prevalence of E-cigarette Use</u> <u>and Characteristics in a U.S. Nationally Representative Sample of Pregnant Women</u>. Presented at Society for Research on Nicotine and Tobacco, Florence, Italy.
- Wrenn, S., Ramos-Valadez, D., Cepeda-Benito, A., Cataldo, P. (2017, February). <u>Patient Perceptions and</u> <u>Quality of Life after Colon and Rectal Surgery</u>. 12<sup>th</sup> Annual Academic Surgical Congress, Las Vegas, NV.
- 17. Cepeda-Benito, A., (2016, October). "De tapas con Antonio: Tasters from my academic trajectory"
- 18. 23rd Annual Hispanic Forum: Hispanic Culture at UVM in the 400th Anniversary of Cervantes' Death, Burlington, VT.
- 19. Stanton, K., Balsis, S., Snyder, D. K., Reig-Ferrer, A., & Cepeda-Benito, A. (2016, August). <u>Gender differences</u> <u>in emotional and physical intimacy in Spain: An examination using item response theory</u>. Paper presented at the meeting of the American Psychological Association, Denver, CO.
- 20. Cepeda-Benito, A. (2016, May). IX <u>Debate sobre Drogodependencias: La legalización de la marihuana y el</u> <u>abuso de opiáceos contra el dolor, visto desde la Psicologia Clinica</u>. UPCCA-Pla Municipal de Drogodependèncias y la Universitat de Valencia–Valencia, Spain.
- 21. Cepeda-Benito, A. (2016, April). Career Development Strategies. Fueling Innovation through Transformation (FITT) @ UH. Center for UH Faculty Success. Presented and facilitated the development of strategies to ensure the success of women and minority faculty within STEM disciplines. University of Houston.
- 22. Stanton, K., Fissette, C., Snyder, D. K., Reig-Ferrer, A., & Cepeda-Benito, A. (2014, November). <u>Assessing</u> relationship distress: A comparison of the Spanish and English Marital Satisfaction Inventory – Brief forms <u>using item response theory</u>. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- 23. Brown, J., Cepeda-Benito, A., & Rainey, F. A. (2014). <u>Shared Service Centers: A Challenge and Opportunity</u> <u>for Colleges of Arts & Sciences</u>. Open Session: CCAS Annual Meeting—San Antonio, TX.
- 24. Cepeda-Benito, A. (November 2013). <u>Funciones ejecutivas y la impulsividad en el abuso de drogas</u>. III Simposi Sobre la Conducta Impulsiva: Actualizacions I perspectives, Lleida—Spain.
- 25. Cepeda-Benito, A. (2002—2012). <u>International Featured Speakers</u>. Symposium Chair -- National Hispanic Science Network Conference (various locations)
- 26. Rutter, J., Cepeda-Benito, A., & Vega, W. A. (2008). <u>Obesity and Addiction</u>. Symposium co-Chair -- National Hispanic Science Network Conference-Washington D.C.
- 27. Moreno, S., Roldán-Ortega, R., Rodríguez, S., Warren, C., Fernández, M. C., Cepeda-Benito, A. (2008). <u>Mood</u> <u>Regulation and Impulsivity Differences across Individuals with Anorexia Nervosa, Bulimia Nervosa, and Nonclinical Controls.</u> Poster presented at the National Hispanic Science Network Conference-Washington D.C.

- 28. Rodríguez, S., Roldán-Ortega, R., Moreno, S., Warren, C., Fernández, M. C., Cepeda-Benito, A. (2008). <u>Executive Functioning Deficits in Anorexia and Bulimia Nervosa: Congruency with the Somatic Marker</u> <u>Hypothesis</u>. Poster presented at the National Hispanic Science Network Conference-Washington D.C.
- 29. Tamez, J., Flato, C., Mora-Ríos, J. Newman, D., Garland, B., & Cepeda-Benito, A. (2008). <u>Comparing the Factor Structure of the CEOA and AEQ-A Among Adolescents in Mexico</u>. Poster presented at the National Hispanic Science Network Conference-Washington D.C.
- 30. Cepeda-Benito, A. (October, 2007). <u>Investigación del Consumo de Drogas en el Emigrante: Obstáculos y</u> <u>Oportunidades para Avanzar el Conocimiento Científico sobre las Adicciones [Research on drug use</u> <u>among immigrants: Barriers and oportunities to scientific advancement]</u>. Paper presented at the Plan Nacional sobre Drogas of the Spanish Ministry of Health—Madrid.
- 31. Cepeda-Benito, A. (October, 2007). <u>Impulsividad y Craving en el Tabaquismo [Craving and Impulsivity in</u> <u>Nicotine Addiction]</u>. Paper presented at the VII Congreso Nacional de Prevención y Tratamiento del Tabaquismo [VII National Conference on Prevention and Treatment of Nicotine addiction]-Castellon-Spain.
- 32. Cepeda-Benito, A., (September, 2007). <u>An Opportunity for International Research Collaborations</u> <u>Through Network Alliances: REDLA, SET & Programa Cambio (</u>Symposium chaired at the National Hispanic Science Network Conference-Miami).
- 33. Cepeda-Benito, A. (September, 2007). <u>Developing Doctoral Training Programs & Promoting Scientific</u> <u>Mentoring in Latin America</u> (Round table chaired at the National Hispanic Science Network Conference-Miami)
- Carcoba, L., Meagher, M., Cepeda-Benito (September, 2007). <u>Negative Affect Heightens Opiate</u> <u>Withdrawal-Induced Hyperalgesia in Heroin Abusers.</u> Paper presented at the National Hispanic Science Network Conference-Miami.
- 35. Flato, C., G., Mora-Ríos, J., Garland, B., & Cepeda-Benito, A., (September, 2007). <u>Factor Analysis of the</u> <u>Comprehensive Effects of Alcohol Questionnaire–Spanish AmongAdolescents in México</u>. Paper presented at the National Hispanic Science Network Conference, Miami
- 36. Cepeda-Benito, A. (February-2007). <u>Creating a Network of International Researchers. XII Congreso</u> <u>Nacional de la Sociedad Española de Toxicomanía</u> [X National Conference of the Spanish Society of Drug Addiccions]. Barcelona, Spain.
- 37. Cepeda-Benito, A. (December, 2006). <u>The National Hispanic Science Network on Drug Abuse Offers its</u> <u>Network to REDLA. First Meeting of La Red Epidemiológica sobre Drogas para latinoamérica (REDLA) and</u> <u>III Encuentro Iberoamericano de Observatorio de Drogas [1<sup>st</sup> Meeting of the Community Epidemiology</u> Work Group for Latin America & 3<sup>rd</sup> Meeting of the Substance Abuse Observatory for "Iberoamerica"]. Cartagena, Colombia.
- 38. Cepeda-Benito, A. (November, 2006). <u>Recent developments in the treatment of cigarette smoking. LXI</u> <u>Congreso Chileno de Neurología Psyquíatrica y Neurocirugía [</u>XLI Chilean Conference on Neurology, Psychiatry, and Neurosurgery. La Serena, Chile.
- 39. Cepeda-Benito (September, 2006). <u>The Role of Drug Abuse in the Epidemiology of HIV/AIDS in Ibero-America</u> (Symposium chaired at the National Hispanic Science Network Conference-Miami).
- 40. Tamez, J., & Cepeda-Benito, A. (September-2006). <u>The Moderating Effects of Fear of Being Fat and Level of</u> <u>Distress on Smoking Outcome Expectancies and Smoking Rate</u>. Paper presented at the National Hispanic Science Network Conference-Miami.

- 41. Arnau, R. C., Cepeda-Benito, A., & Konishi, Y. (August, 2006). <u>Personal Preferences Self-Description</u> <u>Questionnaire – Spanish Version: Development and Validation.</u> Poster to be presented at the annual convention of the American Psychological Association, New Orleans, LA.
- 42. Cepeda-Benito, A. (June, 2006). <u>Focus on Latin America: Initiatives and Activities—National Hispanic</u> <u>Science Network (NHSN)</u>. NIDA International Forum: International Trends and Needs in Drug Abuse Research, Scottsdale, AZ.
- 43. Cepeda-Benito, A., Montoya, I., Needle, P. (June, 2006). <u>Building Latin American Research Networks</u>. NIDA International Forum: International Trends and Needs in Drug Abuse Research, Scottsdale, AZ.
- 44. Cepeda-Benito, A. (April, 2006). <u>Effectiveness of Nicotine Replacement Therapy.</u> VII Congreso Internacional en Adicciones y Curso de Actualización en Adicciones: De la Ciencia Básica a la Clínica, Guadalajara, Mexico.
- 45. Cepeda-Benito, A. (November, 2005). La Red Nacional de la Ciencia Hispánica. VI Conferencia Binacional México-Estados Unidos sobre la Reducción de la Demanda de Drogas. Ciudad de México, Mexico.
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