

# Health and Society 4 Year Plans

## Introduction to HSOC 4 Year Plans

- Below are several different types of four-year plans for a Health and Society (HSOC) major, including:
  - General
  - Planning to Do a Senior Thesis
  - Planning to Apply for UVM aMPH
  - Pre-Med
- For each of these scenarios:
  - All of the courses listed pertain to HSOC requirements
  - Unless otherwise specified, all classes are 3 credits
  - If prefixes are not included, reference the HSOC catalogue listing for your catalog year and your Degree Audit to see options.

## GENERAL

- This a general plan.
- This plan is not for students planning to do a senior thesis, pursue the aMPH, or be pre-med.

GENERAL Year 1 ▾			
Fall		Either Fall or Spring	
Prefix/Course #	Course Name	Prefix/Course #	Course Name
HSOC/SOC 1600/1300	Health Care in America	HSCI 1100	Intro to Public Health
HSOC/ ANTH 1700/1190	Global Health Devel. & Div.	STAT 1110/1410	Elements of Statistics or Basic Statistical Methods

GENERAL Year 2 ▾			
------------------	--	--	--

Either Fall or Spring

Prefix/Course #	Course Name
<b>2xxx</b>	Intermediate-Level HSOC Core Courses (at least one must be CAS course, make sure to get prereq(s) for an Advanced-level HSOC Core Course and for a research design/methods course)
<b>xxxx</b>	HSOC Electives ("additional HSOC credits," at least one must be intermediate-level or above)

GENERAL

Year 3 ▾

Year 4 ▾

Either Fall or Spring

Prefix/Course #	Course Name
<b>3xxx</b>	Advanced-Level HSOC Core Courses (at least one must be CAS course)
<b>xxxx</b>	HSOC Electives ("additional HSOC credits," at least one must be intermediate-level or above)

## PLANNING TO DO SENIOR THESIS

- This plan is for students who are planning to do a senior thesis.
- To qualify for a Senior Thesis:
  - You must have at least a 3.4 GPA
  - Find a faculty member willing and available to serve as your senior thesis advisor
  - For more information about non-HCOL thesis: <https://www.uvm.edu/cas/applying-college-honors>

SENIOR THESIS

Year 1 ▾

Fall		Either Fall or Spring	
Prefix/Course #	Course Name	Prefix/Course #	Course Name
<b>HSOC/SOC 1600/1300</b>	Health Care in America	<b>HSCI 1100</b>	Intro to Public Health
<b>HSOC/ANTH 1700/1190</b>	Global Health Devel. & Div.	<b>STAT 1110/1410</b>	STAT 1110 or STAT 1410

### SENIOR THESIS Year 2 ▾

Either Fall or Spring	
Prefix/Course #	Course Name
<b>2xxx</b>	Intermediate-Level HSOC Core Courses (at least one must be CAS course, make sure to get prereq(s) for an Advanced-level HSOC Core Course and for a research design/methods course)
<b>xxxx</b>	HSOC Electives ("additional HSOC credits," at least one must be intermediate-level or above)

### SENIOR THESIS Year 3 ▾

Either Fall or Spring	
Prefix/Course #	Course Name
<b>3xxx</b>	Advanced-Level HSOC Core Courses (at least one must be CAS course)
<b>xxxx</b>	HSOC Electives ("additional HSOC credits," at least one must be intermediate-level or above)
<b>3xxx</b>	Research Design/Research Methods course

#### Note:

- During junior fall, begin to contact possible thesis advisors and inquire about faculty availability

## SENIOR THESIS Year 4 ▾

During Fall and Spring

Prefix/Course #	Course Name
<b>3xxx</b>	Senior Thesis/Capstone

## PLANNING TO APPLY FOR AMPH

- This plan is for students who are planning to apply for UVM's aMPH program.

## UVM Accelerated Masters in Public Health (aMPH) Year 1 ▾

Fall		Either Fall or Spring	
Prefix/Course #	Course Name	Prefix/Course #	Course Name
<b>HSOC/SOC 1600/1300</b>	Health Care in America	<b>HSCI 1100</b>	Intro to Public Health
<b>HSOC/ ANTH 1700/1190</b>	Global Health Devel. & Div.	<b>STAT 1100/1410</b>	Elements of Statistics or Basic Statistical Methods

## UVM aMPH Year 2 ▾

Either Fall or Spring	
Prefix/Course #	Course Name
<b>2xxx</b>	Intermediate-Level HSOC Core Courses (at least one must be CAS course, make sure to get prereq(s) for Advanced-level HSOC Core Courses and for a research design/methods course)
<b>xxxx</b>	HSOC Electives ("additional HSOC credits," at least one must be intermediate-level or above)

Either Fall or Spring

Prefix/Course #	Course Name
<b>3xxx</b>	Advanced-Level HSOC Core Courses (at least one must be CAS course)
<b>xxxx</b>	HSOC Electives ("additional HSOC credits," at least one must be intermediate-level or above)

**Note:**

- Apply to aMPH in the spring of junior year
  - <https://www.uvm.edu/publichealth/education/programs/accelerated-master-of-public-health/>
- For more aMPH curriculum guidelines:
  - [https://www.uvm.edu/publichealth/wp-content/uploads/2023/06/UVM\\_AMPH-Curriculum-Map-UVM-Undergraduates.pdf](https://www.uvm.edu/publichealth/wp-content/uploads/2023/06/UVM_AMPH-Curriculum-Map-UVM-Undergraduates.pdf)

Either Fall or Spring

Prefix/Course #	Course Name
<b>PH 6010</b>	Public Health and Health Policy
<b>PH 6020</b>	Epidemiology 1
<b>PH 6030</b>	Biostatistics

**Note:**

- Students have to take 2 of these three aMPH courses during their senior year, but can take up to 3 of them.
- Students may not count both STAT 3000 and PH 6030 toward the HSOC major, but STAT 6030 is required for the aMPH.

**PLANNING TO BE PRE-MED**

- This plan is for students who are pre-med.

Pre-Med Year 1 ▾

Fall		Either Fall or Spring	
Prefix/Course #	Course Name	Prefix/Course #	Course Name
<b>HSOC/SOC 1600/1300</b>	Health Care in America	<b>STAT 1410</b>	Basic Statistical Methods
<b>HSOC/ANTH 1700/1190</b>	Global Health Devel. & Div.	<b>PSYS 1400</b>	Intro to Psych.

Pre-Med Year 2 ▾

Either Fall or Spring	
Prefix/Course #	Course Name
<b>2xxx</b>	Intermediate-Level HSOC Core Courses (at least one must be CAS course, make sure to get prereq(s) for an Advanced-level HSOC Core Course and for a research design/methods course)
<b>xxxx</b>	HSOC Electives ("additional HSOC credits," at least one must be intermediate-level or above)

Pre-Med Year 3 ▾ Year 4 ▾

Either Fall or Spring	
Prefix/Course #	Course Name
<b>3xxx</b>	Advanced-Level HSOC Core Courses (at least one must be CAS course)
<b>xxxx</b>	HSOC Electives ("additional HSOC credits," at least one must be intermediate-level or above)
<b>STAT 3000</b>	Med Biostat & Epidemiology (recommended)

**Notes:**

- Consider STAT 3000 for Advanced-Level HSOC Core Course, recommended by some medical schools
- Navigate your major(s) courses and pre-med requirements carefully
- The table above only includes HSOC program courses
- For information about all required courses for Pre-Med students, see the link below:
  - <https://www.uvm.edu/premed/course-recommendations-medicine>