

# Create A Biodiverse Garden for Ecological Resilience

Northwest Chapter Vermont Master Gardeners  
and the Vermont Extension Master Gardeners Program

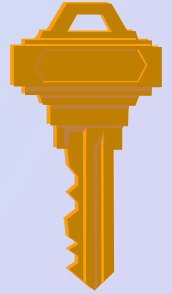
Wendy Sue Harper, Ph.D.  
(She/Her Pronouns)

Associate Faculty Prescott College  
WSH Consulting





# Gardening for Ecological Resilience



- Creating bio diversity for biological buffering
- Great soil management for resilience



# Traditional and Indigenous Practices

- Diachronic knowledge
- Synchronic knowledge



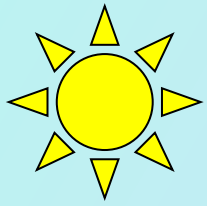
[www.sare.org](http://www.sare.org)



Wendy Sue Harper



Texas A&M University



# Resilience in Context



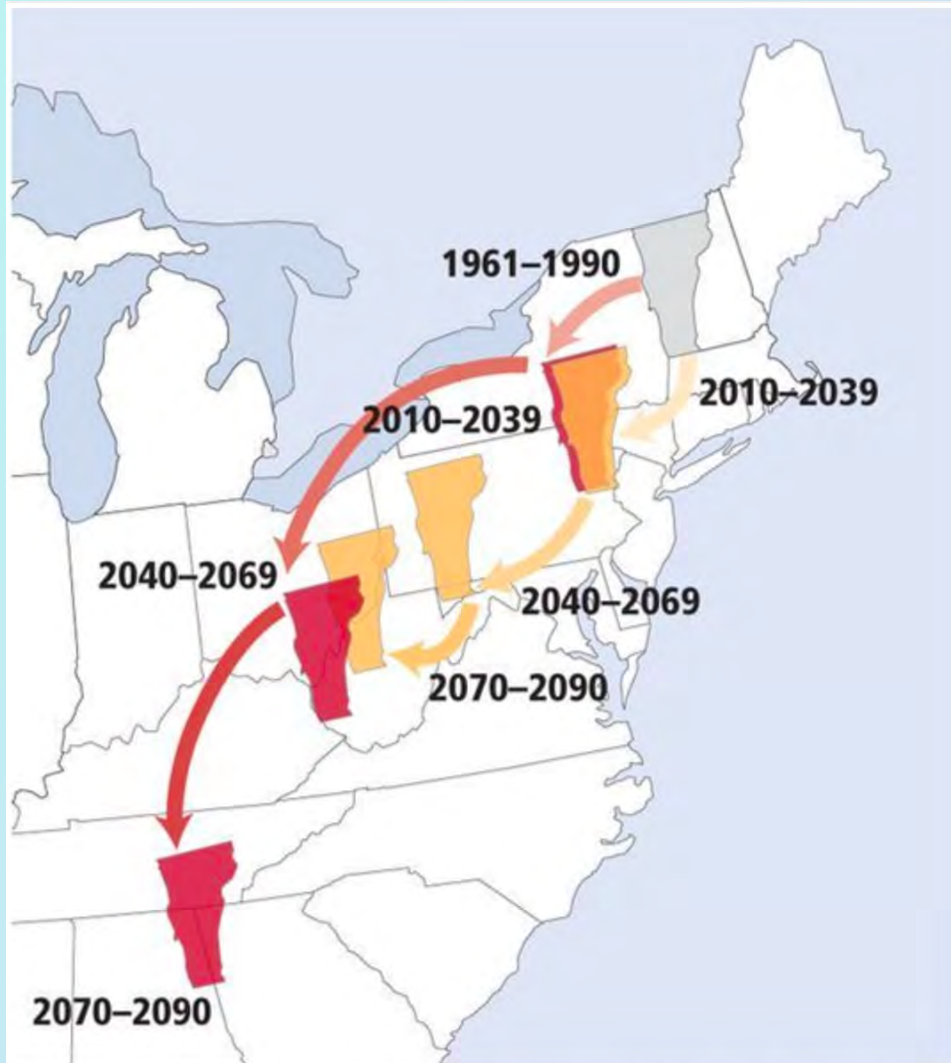
- **Ecosystem stability** is made up of three things:
  - Resistance: the ability to resist change under stress.
  - Resilience: the ability to bounce back after stress or disturbance.
  - Persistence: the ability to remain unchanged over time.





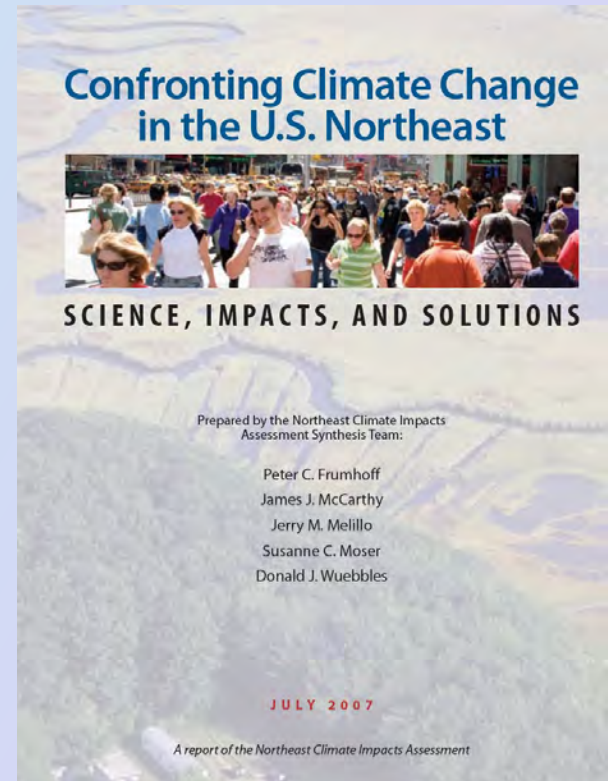
# Why Resiliency

Red = High Emissions.  
Yellow = Low emission

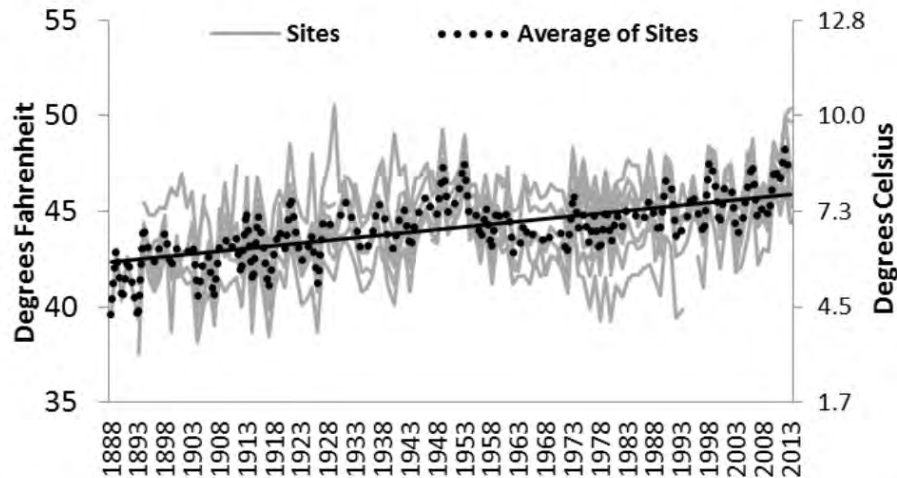


Changes in average summer heat index (the “feel” of temperature and humidity) could result in a Vermont climate more akin to that of southeastern Tennessee, according to this map created for the Union of Concerned Scientists for its 2007 study, Northeast Climate Impacts Assessment. Red arrows: Predictions based on higher emissions scenarios. Yellow arrows: Predictions based on lower-emissions scenarios.

(Photo: Courtesy Union of Concerned Scientists)

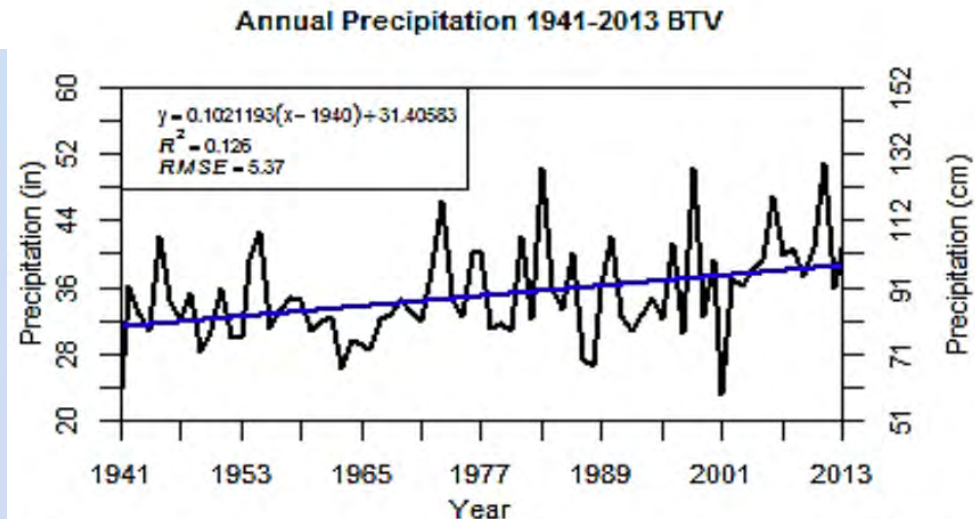
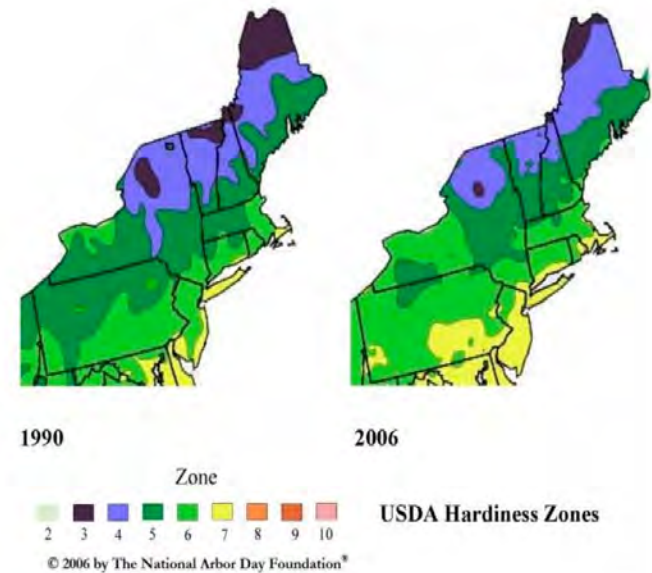


# Why Resiliency



**Figure 1.7.** Temperature change from 1888-2013 for 8 lowland (<1000 ft) climate sites in Vermont. Data source: (NWS 2014).

**Figure 1.11.** Change in USDA Hardiness Zones for the Northeast from 1990 to 2006.



**Figure 1.14.** Change in annual precipitation from 1941-2013 (BTV station).

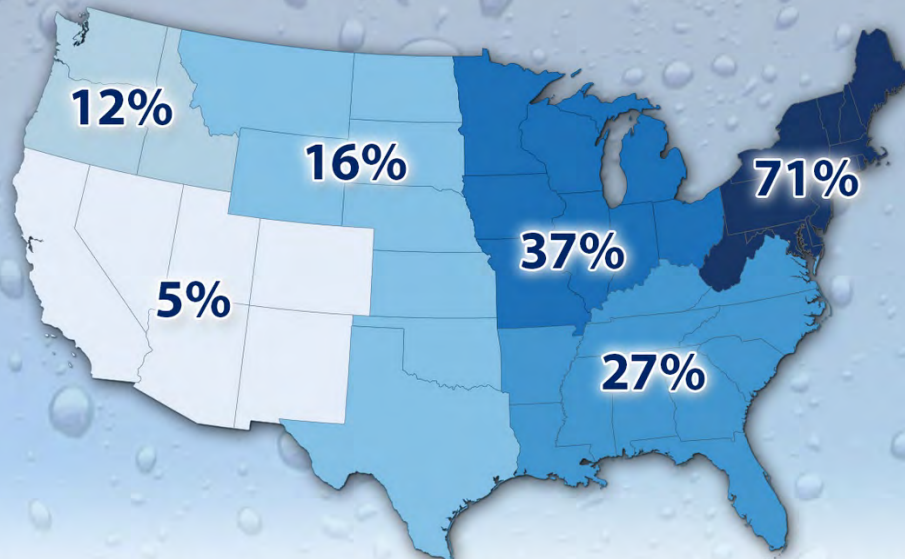


# Why Resiliency

[http://www.watershedmanagement.vt.gov/wqd\\_mgtplan/swms\\_appC.htm](http://www.watershedmanagement.vt.gov/wqd_mgtplan/swms_appC.htm)



## Heavy Downpours Increasing

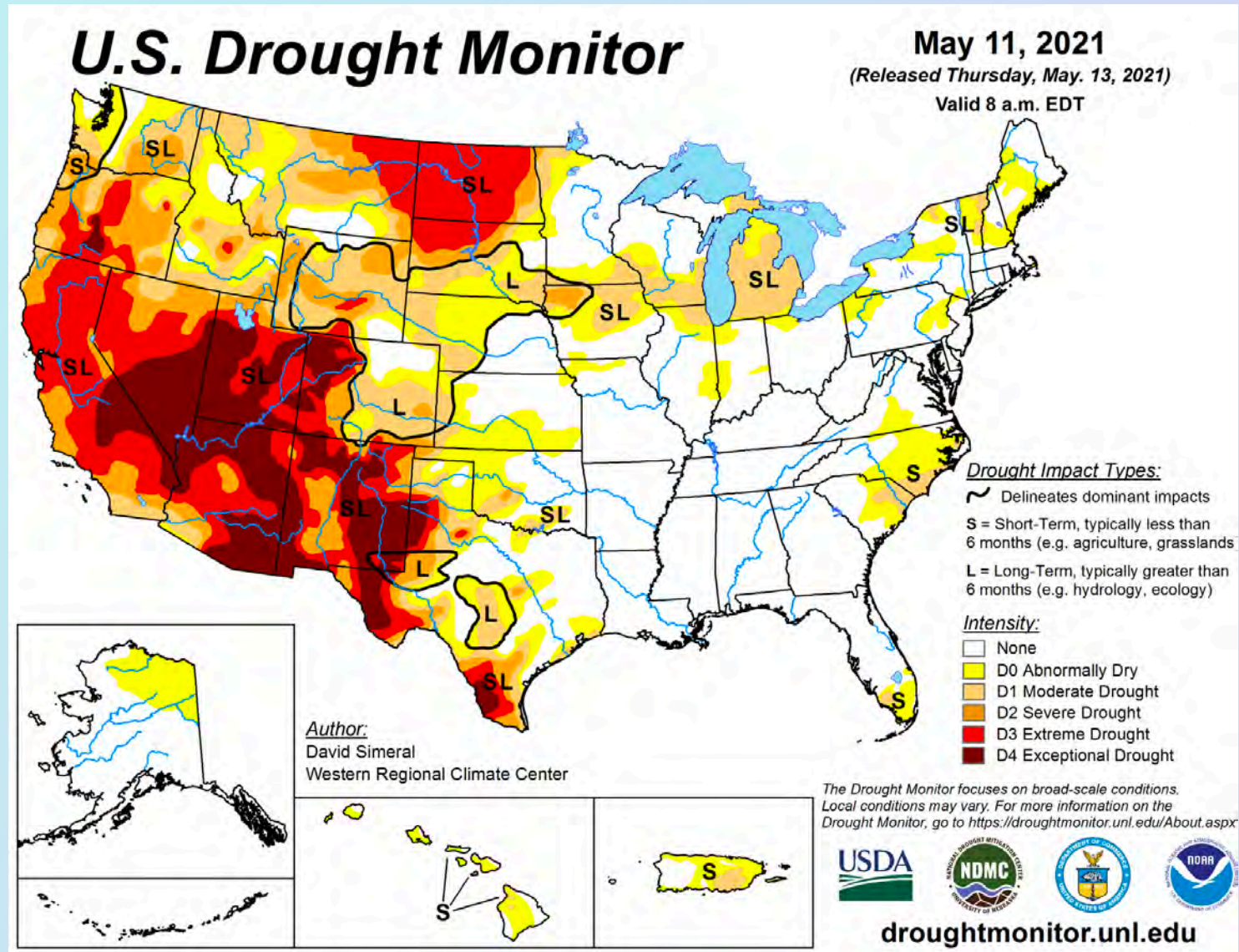


Percent increase from 1958 to 2012 in the amount of precipitation falling in very heavy events.

Very Heavy Precipitation is defined as the heaviest 1% of all daily events from 1958-2012.

Hurricane Irene on 8/27/2011.  
NASA image courtesy Jeff Schmaltz, MODIS Rapid Response, NASA Goddard Space Flight Center.

# Why Resiliency





# Ecological Keys To Resilient Soil



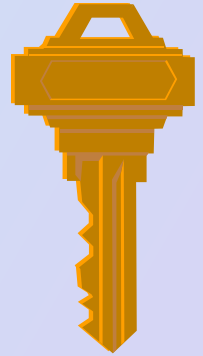
- Build and maintain soil **tilth**:
  - Create a high biodiverse soil that acts like a sponge by building soil structure.
- Create and maintain **biological diversity**:
  - Manage your food web by creating habitat and food for diverse organisms.

Maintain active organic matter helps both-  
if done without nutrient enrichment.



(These three keys are tied to how you design and maintain your garden.)

# Create Great Soil Tilth



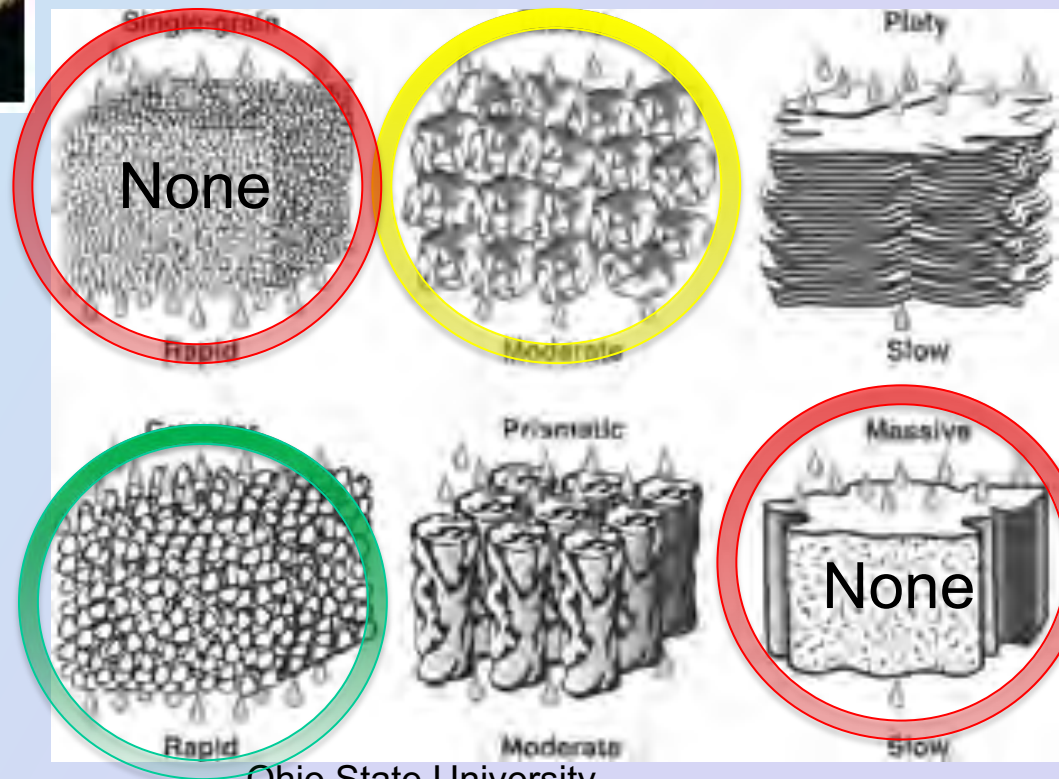
# Good Tilth Means Good Soil Structure



University of Nebraska-Lincoln

- Think about being a root: Which soil can you grow through best! Get air and water from easiest!
- Think about being water. Where will you go?

## Soil Structure and Structureless Conditions (None)



Ohio State University



# Tilth Prevents Erosion:

Erosion is the process of detachment and transport by wind or water

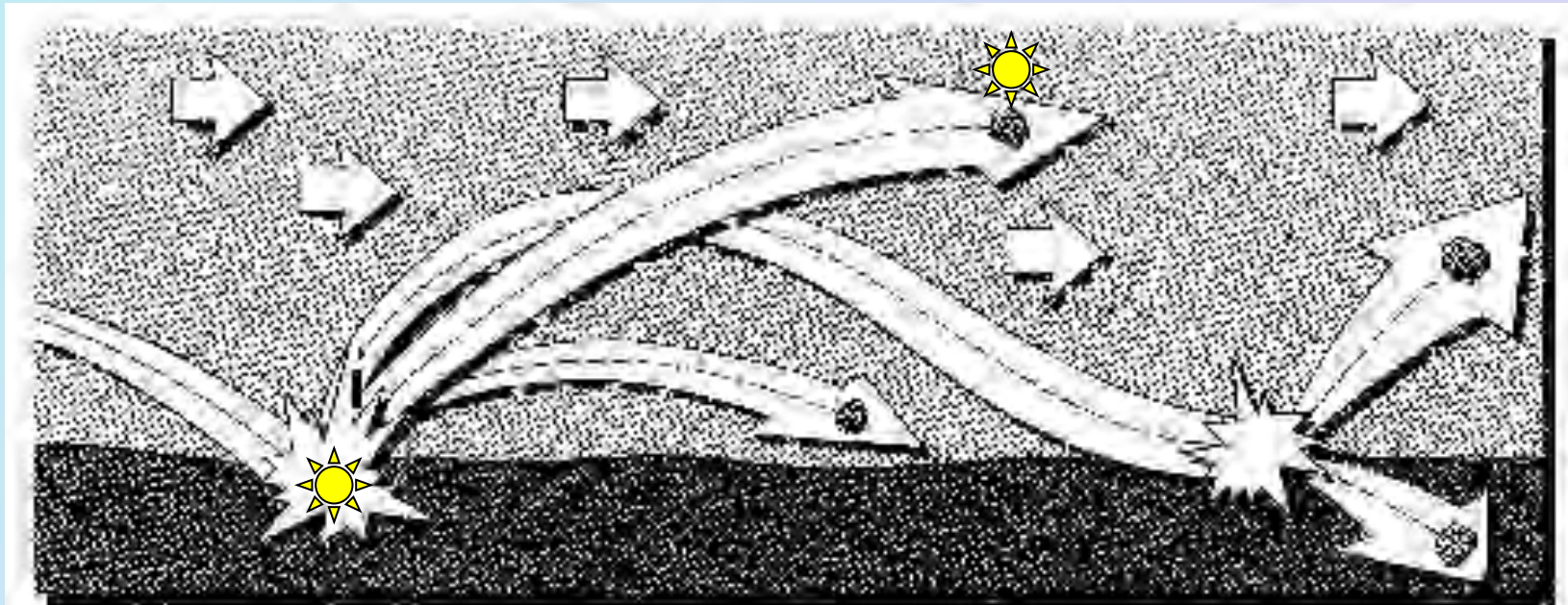


Prevent it by:

- Make the wind or water less erosive by slowing it down.
- Protect the soil from exposure to wind or water.
- Build the soils resistance to erosive forces.



(Brady and Weil, 2002)



# Maintain Soil Tilth by Building Soil Structure:

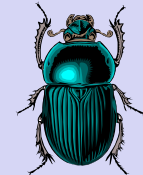
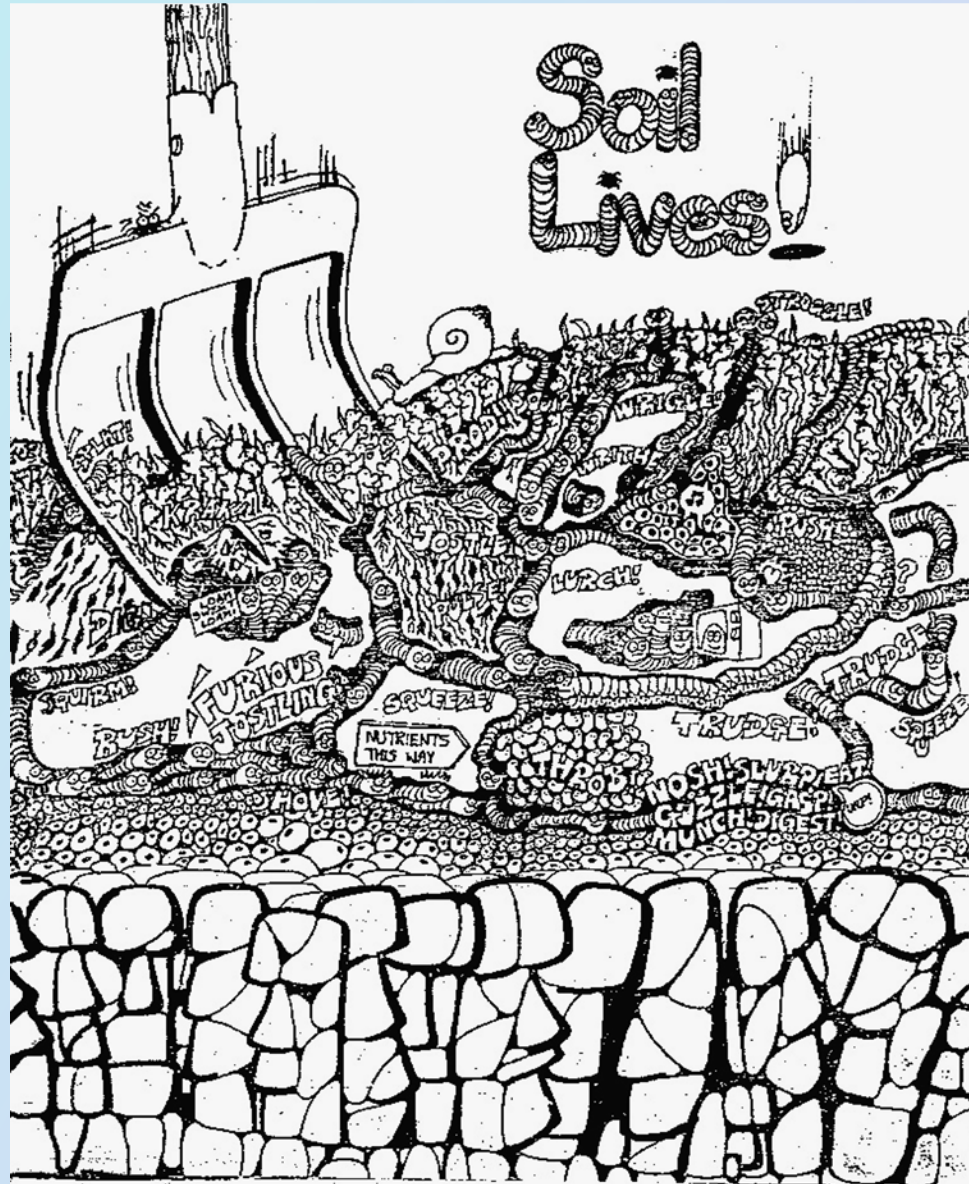


- Improves: infiltration and drainage, air exchange, moisture holding capacity, root penetration and seed germination!
- Lowers bulk density and reduces erosion!
- It ameliorates natural textural properties!

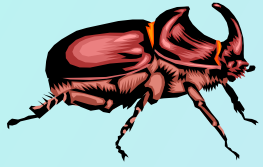
## ➤ **Don't Destroy Your Structure**

- Wait and work your soil when it has dried out enough
- Add OM to improve soil structure
- Keep soil covered to protect soil structure
- Treat soil gently









# Biological Buffering

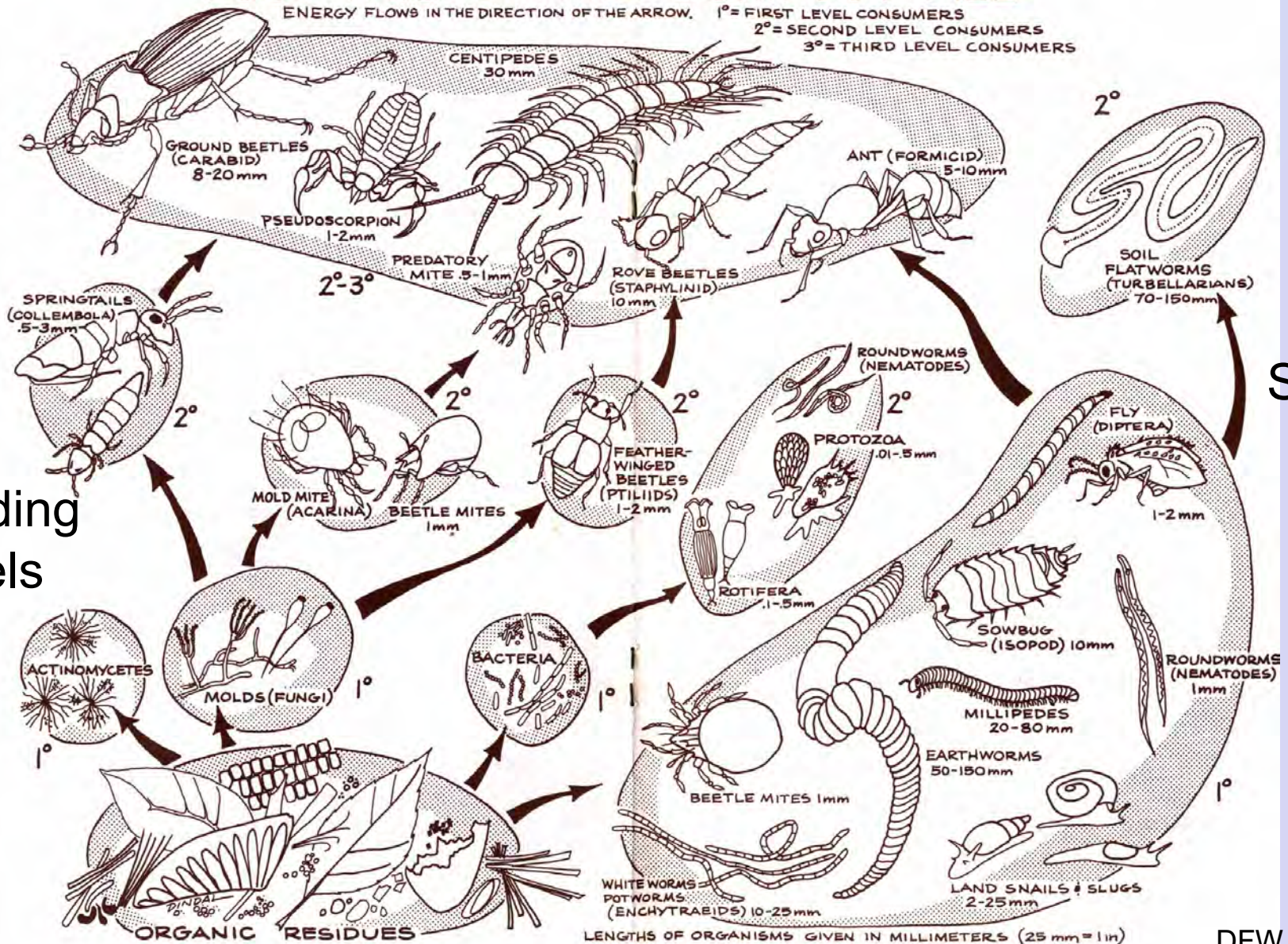
- “This dampening of plant susceptibility to insects and disease led Phelan et al. (1995) to propose the concept of *biological buffering*, which asserts that a more complex soil community supported by the influx of active organic matter tend to moderate fluctuation in the soil environment and greater ecological stability.” Phelan (2009)



# The Ecology of Soil Organisms

## FOOD WEB OF THE COMPOST PILE & Soils

ENERGY FLOWS IN THE DIRECTION OF THE ARROW. 1° = FIRST LEVEL CONSUMERS  
2° = SECOND LEVEL CONSUMERS  
3° = THIRD LEVEL CONSUMERS



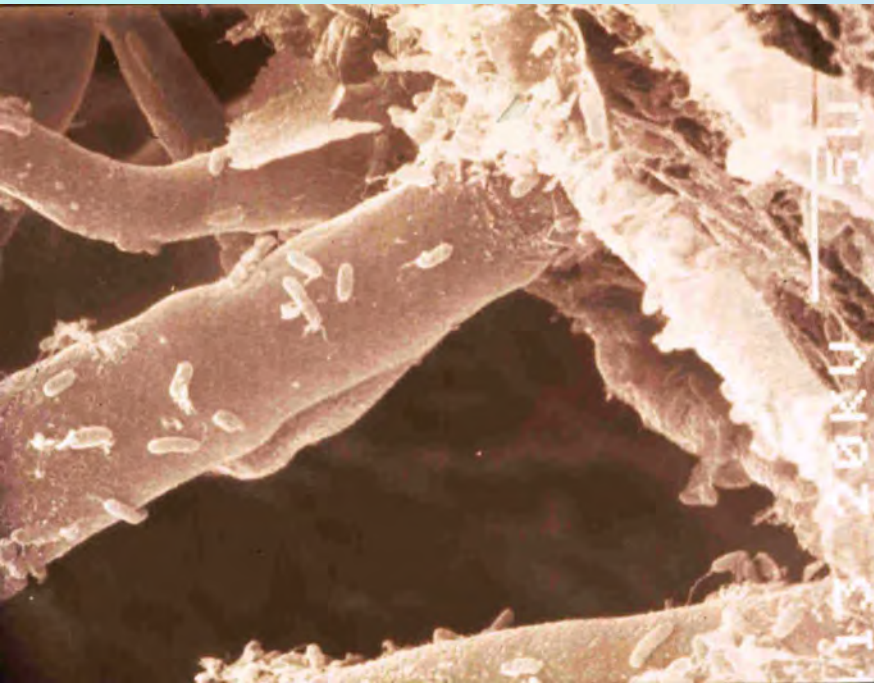
Sizes

Feeding Levels



# Invisible and Interconnected

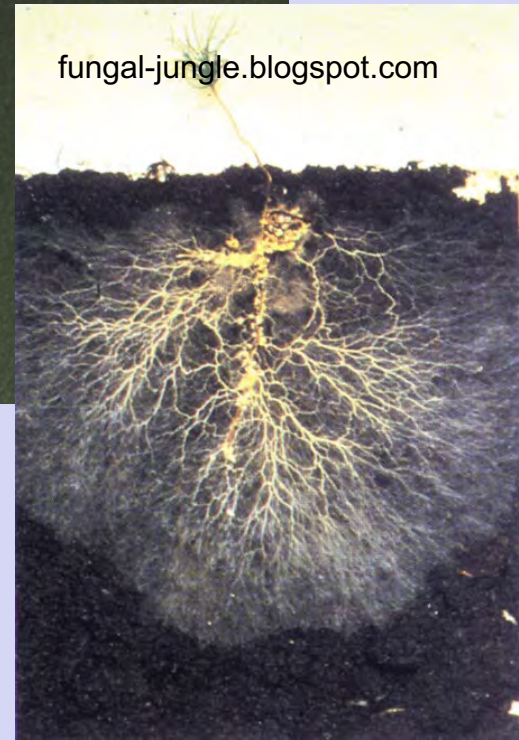
SMB



SMB

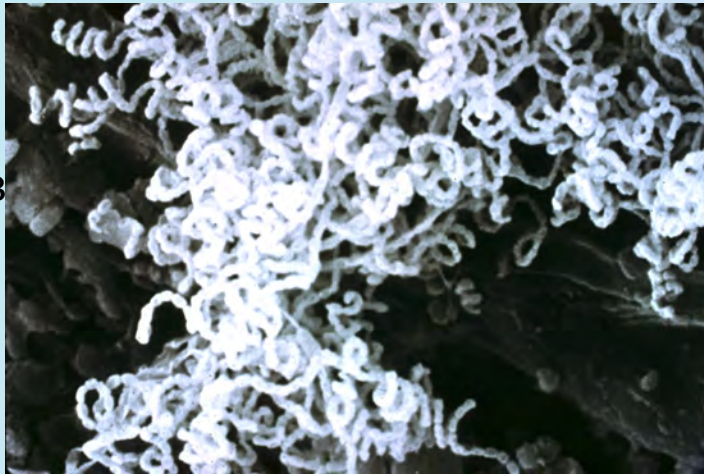


[fungal-jungle.blogspot.com](http://fungal-jungle.blogspot.com)



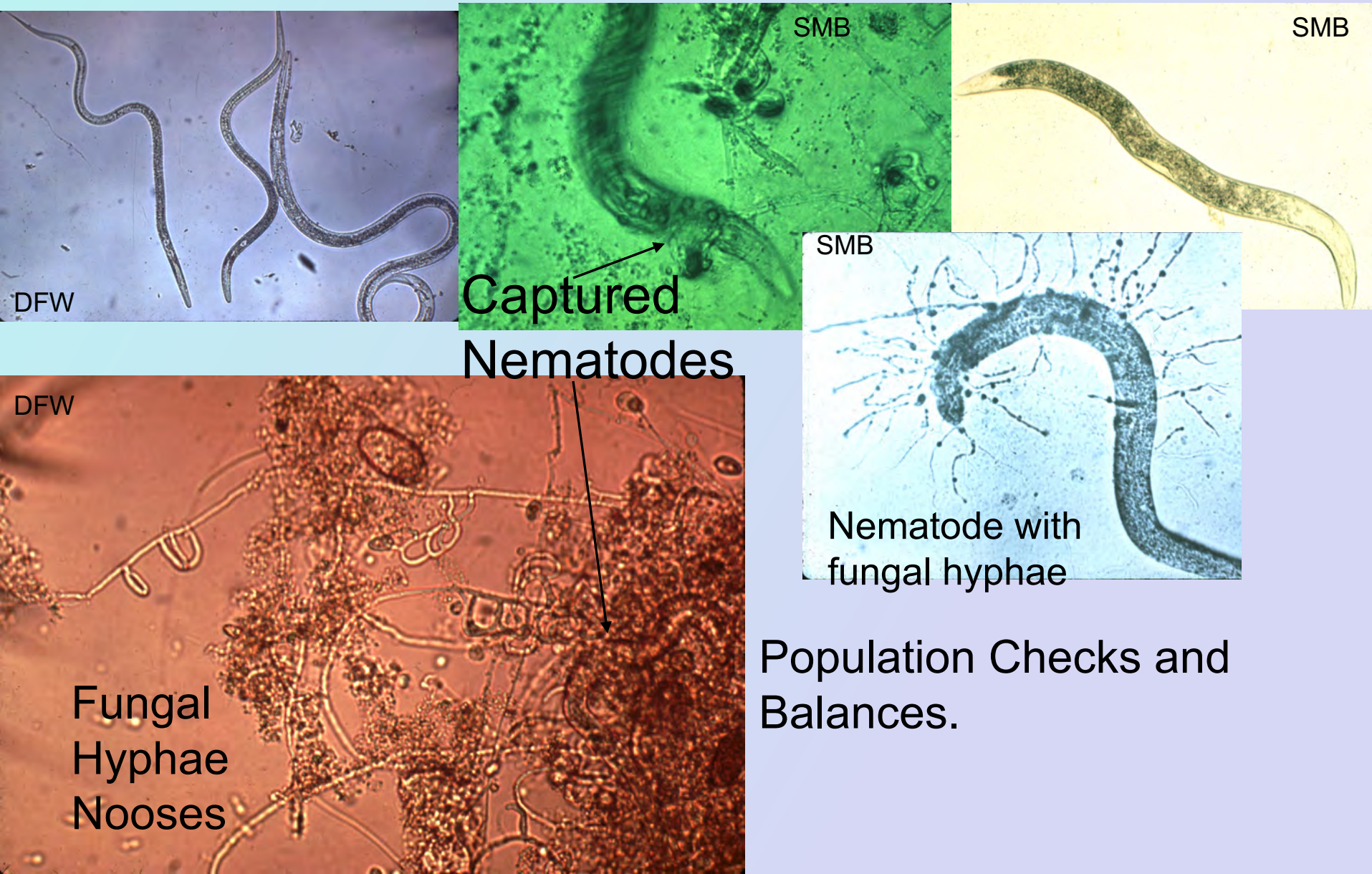
[www.profileproducts.com](http://www.profileproducts.com)

SMB





# Interesting Relationships Between Microorganisms



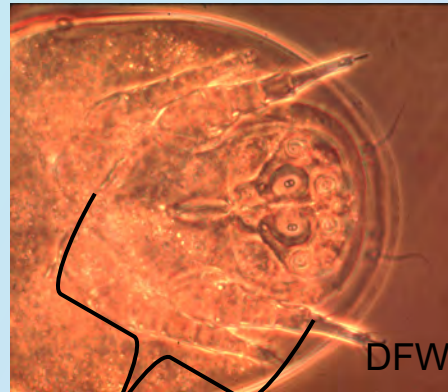


# More Interesting Relationships!!

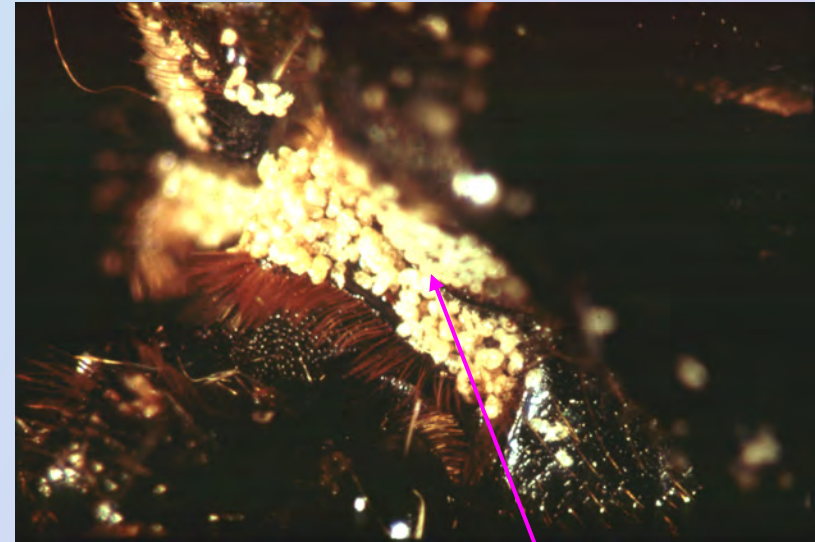
## Phoresy: Detritivore Hitchhikers



Phoretic  
Nematodes



Mites Sucker  
Disc

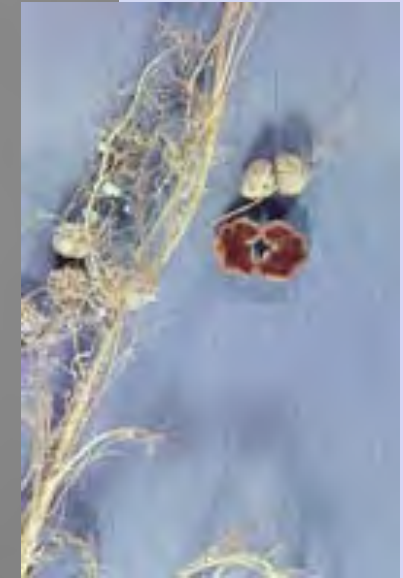
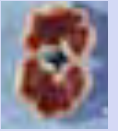


Immature  
Phoretic  
Mites



# Plant - Microbial Relationships

## Rhizobium and Legumes: Mutualism



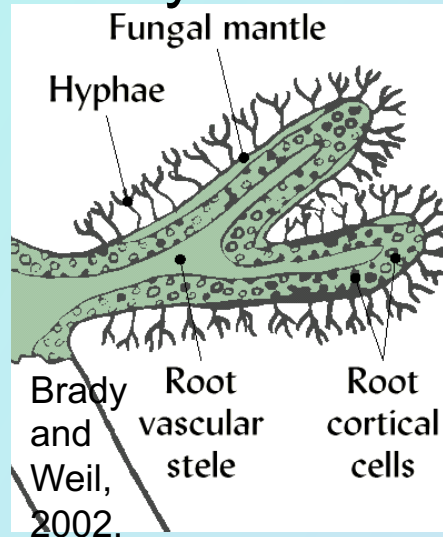
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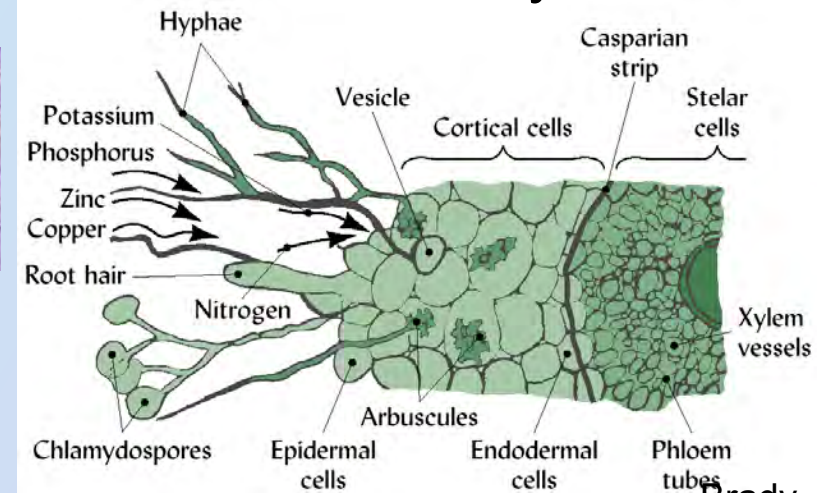
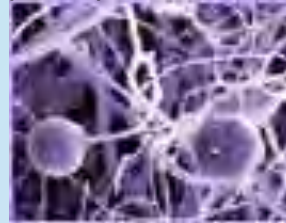
# Plant - Microbial Relationships

## Mycorrhizal Fungi

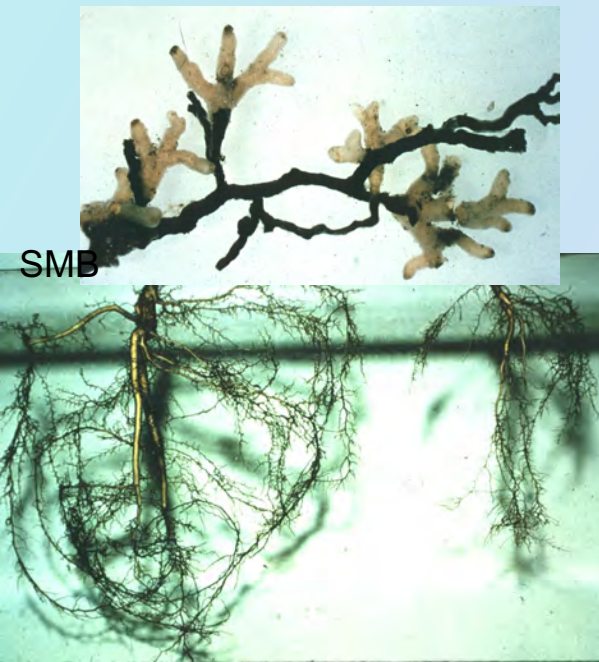
### Endomycorrhizae



www.profileproducts.com



Brady and Weil, 2002.

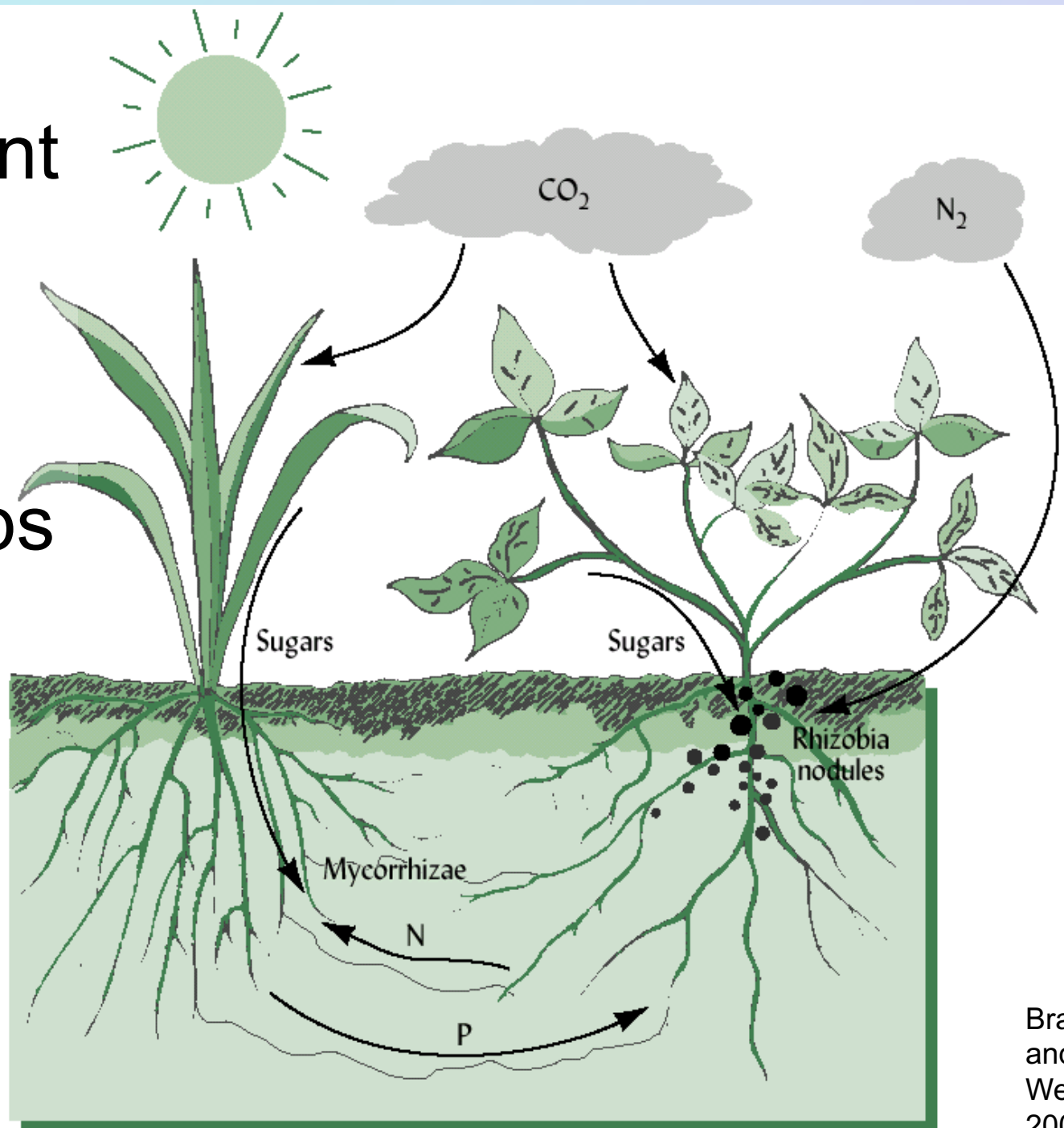


SMB



fungal-jungle.blogspot.com

# Plant-to-Plant Microbially Mediated Mutualistic Relationships

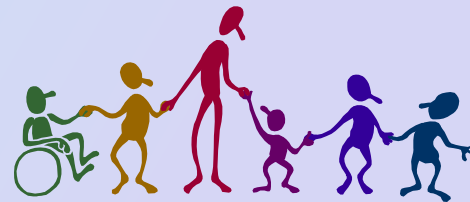




# Plant - Microbial Relationships

## Disease Suppression Mechanisms

- The process of OM breakdown from OM additions:
  - compost
  - cover crops, manures, etc.
- Antagonists
  - *Bacillus*, *Entrobacter*, *Trichoderma*, *Streptomyces*, *Pseudomonas*, and more!
  - Single strains are not as effective as mixtures of microbes!
  - Antibiosis, Nutrient competition. Parasitism
  - Induced systematic resistant- plant vaccination (less common)
- Doesn't suppress all diseases: some easy, some hard
- Lasts about 6 months

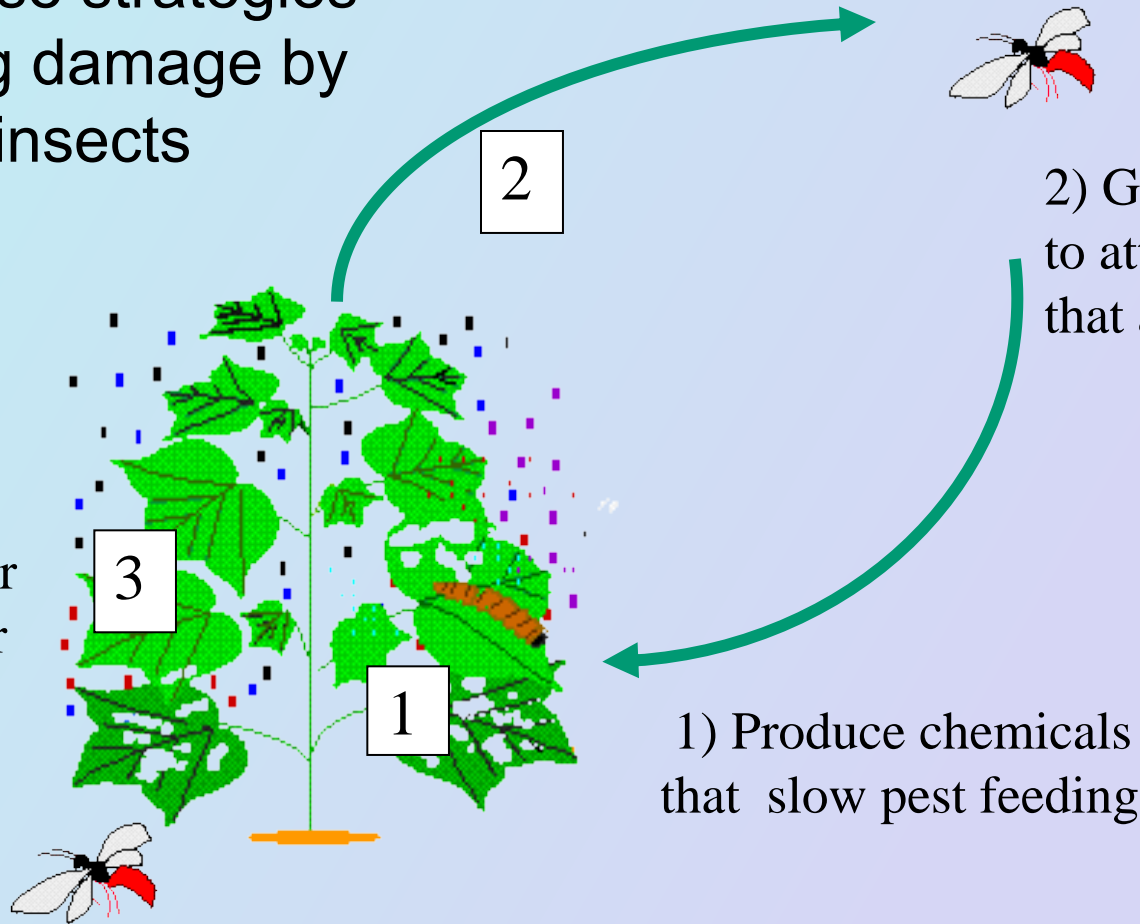


# Plant-Insect Mutualistic Relationships

Slide is  
Courteous of  
Fred Magdoff

Plants use a number of defense strategies following damage by feeding insects

3) Increase extrafloral nectar flow as food for adult beneficials



1) Produce chemicals that slow pest feeding

2) Give off signals to attract beneficials that attack the pests

Healthy plants growing in health soils are usually less attractive to pests or better able to defend themselves.



# Create Functional Biodiversity

## ☀ Increase Practices that Promote Biodiversity

### ☀ Provide Diverse Organic Matter – Food Below Ground

- ☀ Add Organic Residues
- ☀ Add Manure or Compost
- ☀ Grow Cover Crops
- ☀ **Incorporate Plant Diversity**

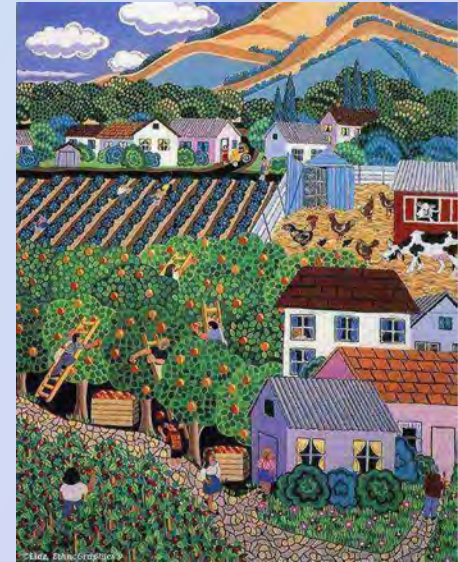


### ☀ Provide Diverse Habitat and Food Above Ground

- ☀ Rotate Crops
- ☀ Grow Cover Crops
- ☀ Use Mulches
- ☀ Plant Mixtures of Species
  - ☀ Interplant, Under-sow, Companion Plant, Polyculture
- ☀ Plant Biological or Ecological Islands; Habitat and Food For Beneficial Organisms
  - ☀ Bio-strips, Flower Strips, Beetle Banks, Strip Insectary
- ☀ Intercropping, Vegetative Corridors, Hedge Rows
- ☀ Selective Weeding

## ☀ Reduce Practices that Diminish Biodiversity

- ☀ Reduce Tillage, Bare Land, and Chemical Inputs
- ☀ Change Tolerance Levels for Pests
- ☀ Use Integrated Pest Management

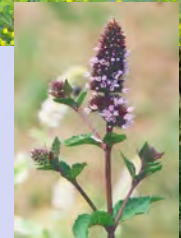


# Biological or Ecological Islands

[www.sare.org](http://www.sare.org)

[www.attra.org](http://www.attra.org)

[www.sare.org](http://www.sare.org)



[www.sciencemuseum.org.uk](http://www.sciencemuseum.org.uk)  
**Parasitic Wasp**



[www.sare.org](http://www.sare.org)



NCSU-IPM



NCSU-IPM

**Lacewing**



NCSU-IPM



# Refugia or Conservation Head Lands



University of Minnesota Extension



[www.sare.org](http://www.sare.org)



# Hedge Rows as Habitat



USDA/NRCS/NAC

## Wind Shelter Belt



[www.sare.org](http://www.sare.org)

## Vegetative Corridors



University of Idaho



National Corn Growers Association

## Vegetation Barriers

## Spined Soldier Bug



Texas A&M University



## Praying Mantis



# Mulch as Habitat



## Spiders



DFW

## Ground Beetles



DFW



WSH



# Beetle Banks: Britain



<http://www.orc.govt.nz/>



Ground Beetles  
and other  
Predatory  
Beetles



DFW



[www.snh.org.uk/](http://www.snh.org.uk/)



Oregon State University Extension



# Intercropping: Living Mulches



[www.sare.org](http://www.sare.org)



[www.dereila.ca](http://www.dereila.ca)

Rove Beetle



NCSU-IPM

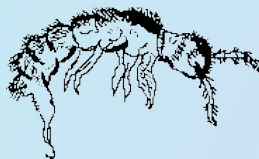
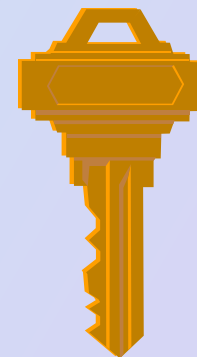
Bigeyed Bug



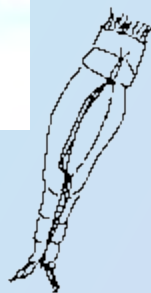
[www.omafra.gov.on.ca/](http://www.omafra.gov.on.ca/)

Minute Pirate Bug

# Keep Proper Soil OM Levels



Versus



**Organic matter makes structure and feeds the biology!**  
**(We want to do this without nutrient enrichment!)**



DO  
YOU  
KNOW  
What's  
In Your  
Dirt  
?

pH??

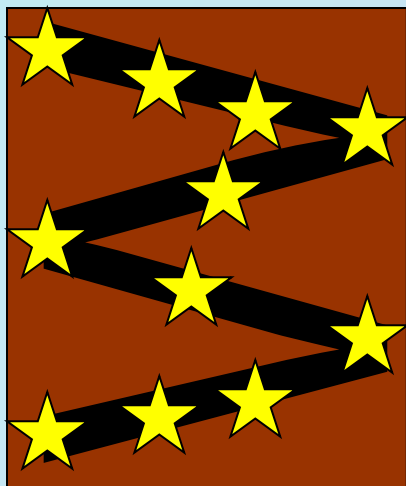
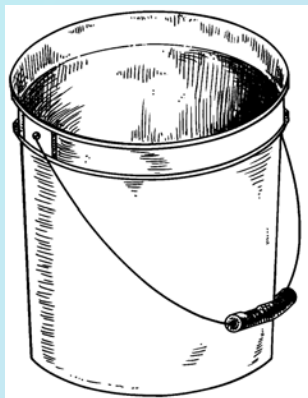
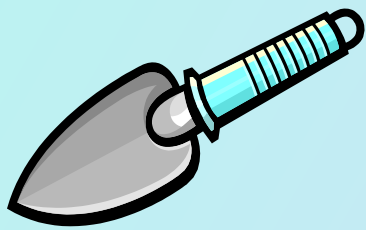
N-P-K??



% OM??

Micronutrients??

Heavy Metals??



## How to Take a Soil Sample

The reliability of a soil test is only as good as the sample you submit. The small amount of soil in the sample bag you send to the Agricultural Testing Lab must represent the entire area to be fertilized. Avoid unusual areas such as those where fertilizer or lime has spilled. Take samples before lime, fertilizer, or manure are added. Use only clean equipment for collecting soil samples.

### Where to sample

The area to be sampled should be as uniform as possible in terms of soil type and cropping and fertilizing history. For practical purposes it should be an area you expect to fertilize as a unit. This means separate samples for annual mixed vegetables and a strawberry patch, for golf green and fairway, and for different major crops in a commercial nursery or vegetable operation. If you have a problem on part of a lawn, garden, or commercial production field, you may wish to determine if soil fertility is the cause by taking one sample to represent the "good" and the other to represent the "poor" area.

### Take a good sample

Collect a number of cores or slices by walking in a zig-zag pattern over the area. Mix cores thoroughly in a clean pail for a composite lab sample. The greater the number of collected cores mixed together, the better the sample will represent the average condition of the sampled area. Consider 10 cores as the minimum for home gardens and lawns up to 10,000 square feet in size. Larger areas should be represented by at least 15 to 20 samples. Choose one of the following tools:

**Soil Probe or Auger** – A soil probe or auger, available from mail order catalogs and garden or farm supply outlets, is the best tool for sampling. An auger will be needed if the soil is very stony or gravelly. Simply push the probe (or push and turn the auger) into the soil to the desired depth, lift up to remove the core, and place it in the clean pail. Sampling depth should be 4 to 6 inches deep for lawns, turf, or other perennial sod, or tillage depth (usually 8-10 inches) for annually tilled crops.

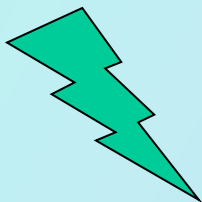
**Garden Trowel or Shovel** – If a soil probe or auger is not available, collect your sample by pushing the blade of a garden trowel, shovel, or spade into the soil to the desired depth. Cut out a triangular wedge of soil and set it aside (to be replaced after sampling). Now slide your blade into the soil again taking a thin (half inch) slice from one side of the hole. With a knife, trim the slice to about a 1-inch strip of soil down the center of the spade – top to bottom. Save this "core" as part of your composite lab sample.

### Mix the sample and fill the sample bag

Make sure that all the cores are thoroughly mixed together. Your soil test mailer contains a plastic bag intended for one lab sample; the form has space for up to 10 samples. Fill plastic bag about 1/2 full (approximately 1 cup) with the mixed sample. If submitting multiple samples, include one check for total being tested. Any clean plastic bag may be used; you don't have to use the ones in the kit.



[https://www.uvm.edu/sites/default/files/Department-of-Plant-and-Soil-Science/AGTesting/Garden\\_hort\\_questionnaire\\_09\\_01\\_201829.pdf](https://www.uvm.edu/sites/default/files/Department-of-Plant-and-Soil-Science/AGTesting/Garden_hort_questionnaire_09_01_201829.pdf)



## Soil Test Submission Form

For vegetables, fruits, lawn/turfgrass, trees, shrubs, and flowers. Home and Commercial. See crop list on back.



The University of Vermont

Agricultural & Environmental Testing Laboratory  
and UVM Extension

<b>Main Contact (mailing address):</b>	<b>Copy to (Extension, consultant, etc.) or Billing Info.</b>
Name:	Name:
Farm/Company:	Company/Agency:
Address:	Address:
City, State, Zip:	City, State, Zip:
Phone:	Phone:
E-mail:	E-mail:
Send results by: Mail or E-mail	Send results by: Mail or E-mail

Vermont county where samples were taken: \_\_\_\_\_ Check here if Commercial operation: \_\_\_\_\_

The basic nutrient test costs \$14 per sample (1 bag of soil = 1 sample), and includes pH, available P, K, Ca, Mg, S, micronutrients, CEC, organic matter, and fertilizer recommendations for one crop. Recommendations for additional crops on the same sample are \$2 each. Add \$10 for heavy metal analysis (in addition to basic analysis, for a total fee of \$24). Metals only analysis (no nutrient test) is \$15 per sample (Crop Code 22). One-half cup to one cup of sample required for all tests; any clean plastic bag may be used. Please print clearly.

Lab ID (For lab use only)	Field or Sample Name	Approx. area represented by sample	Crop Codes (see back of form; 1 crop included in \$14 fee; add 1 crops \$2 each)	Check here for metals test	Fee
1		___ sq. ft. ___ acres			\$
2		___ sq. ft. ___ acres			\$
3		___ sq. ft. ___ acres			\$
4		___ sq. ft. ___ acres			\$
5		___ sq. ft. ___ acres			\$
6		___ sq. ft. ___ acres			\$
7		___ sq. ft. ___ acres			\$
8		___ sq. ft. ___ acres			\$
9		___ sq. ft. ___ acres			\$
10		___ sq. ft. ___ acres			\$

Use additional sheets for more than 10 samples.

Please include payment, unless prior arrangements have been made. Checks only, payable to UVM. Total fee \$ \_\_\_\_\_

If this form came in a pre-addressed mailer, one sample can fit in it. Otherwise, use a box or large envelope.

Send to: AETL, Univ. of Vermont, 262 Jeffords Hall, 63 Carrigan Drive, Burlington, VT 05405-1737

Other tests available on request. Email us at: [agtesting@uvm.edu](mailto:agtesting@uvm.edu) 802-656-3030 [ps.uvm.edu/ag\\_testing](http://ps.uvm.edu/ag_testing)  
Test results are normally ready to mail/e-mail on the 2<sup>nd</sup> Monday after samples arrive at the lab.

# Crop Codes for Home & Commercial vegetables, fruits, lawns, flowers, etc.

(Use Forage and Grain Crops form for hay, silage corn, row crops, pasture, and wildlife/conservation plantings)

## Vegetables (Home & Commercial)

(if Commercial, indicate on front of form)

VMIX ..... Mixed vegetables  
 VASE ..... Asparagus - Establishment  
 VASM ..... Asparagus - Maintenance  
 VBA ..... Basil  
 VBEA ..... Beans: Dry/Snap/Lima  
 VBEE ..... Beets, Swiss Chard  
 VBRC ..... Broccoli, Cabbage, Cauliflower  
 VCAR ..... Carrots, Parsnips  
 VCE ..... Celery  
 VCK ..... Collards, Kale  
 VSWE ..... Sweet Corn, Early  
 VSWF ..... Sweet Corn, Full Season  
 VORC ..... Ornamental Corn  
 VCU ..... Cucumbers, Melons  
 VEG ..... Eggplant  
 VGA ..... Garlic  
 VLEA ..... Leafy Greens  
 VLET ..... Lettuce  
 VMU ..... Muskmelon  
 VOKR ..... Okra  
 VON ..... Onions, Leeks  
 VORG ..... Ornamental Gourds  
 VPEA ..... Peas  
 VPEP ..... Peppers  
 VPO ..... Potatoes  
 VPU ..... Pumpkins  
 VRA ..... Radishes  
 VRHE ..... Rhubarb - Establishment  
 VRHM ..... Rhubarb - Maintenance  
 VSP ..... Spinach  
 VSPT ..... Sweet Potato  
 VSQ ..... Squash  
 VTO ..... Tomatoes  
 VTU ..... Rutabagas, Turnips  
 VWA ..... Watermelon

## Tree Fruits and Hops (Home & Commercial)

(if Commercial, indicate on front of form)

FAE ..... Apples - Establishment  
 FAM ..... Apples - Maintenance  
 FPEE ..... Pears - Establishment  
 FPPE ..... Pears - Maintenance  
 FPPE ..... Pears - Maintenance  
 FPLE ..... Plums - Establishment  
 FPLM ..... Plums - Maintenance  
 FSFE ..... Stone Fruit - Establishment  
 FSFM ..... Stone Fruit - Maintenance  
 FHE ..... Hops - Establishment  
 FHM ..... Hops - Maintenance

## Lab Data Only

Y1 ..... Nutrient data only (no fertilizer recommendations)  
 Z2 ..... Heavy metals only (no nutrient test) \$15.

## Turf (if Commercial, indicate on front of form)

HAI ..... Home or Comm. Lawn-Establishment  
 HA2 ..... Home or Comm. Lawn-Maintenance  
 T1E ..... Sports Turf/Golf Fairway-Establishment  
 T1M ..... Sports Turf/Golf Fairway-Maintenance  
 T2E ..... Golf Greens and Tees-Establishment  
 T2M ..... Golf Greens and Tees-Maint (native soils)  
 T2SM ..... Golf Greens and Tees-Maint (sand based)

## Home Small Fruits and Landscaping

HD1E ..... Home Blueberries-Establishment  
 HD1M ..... Home Blueberries-Maintenance  
 HD2E ..... Home Raspberries/Brambles-Establishment  
 HD2M ..... Home Raspberries/Brambles-Maintenance  
 HD3E ..... Home Strawberries-Establishment  
 HD3M ..... Home Strawberries-Maintenance  
 HD4E ..... Home Grapes, American Varieties-Establ.  
 HD4M ..... Home Grapes, American Varieties-Maint.  
 HD5E ..... Home Grapes, European Varieties-Establ.  
 HD5M ..... Home Grapes, European Varieties-Maint.  
 HC1E ..... Deciduous Trees, Shrubs & Vines-Establ.  
 HC1M ..... Deciduous Trees, Shrubs & Vines-Maint.  
 HC2E ..... Needleleaf Trees & Shrubs-Establishment  
 HC2M ..... Needleleaf Trees & Shrubs-Maintenance  
 HC3E ..... Acid-loving Trees, Shrubs, & Groundcover-Est.  
 HC3M ..... Acid-loving Trees, Shrubs, & Groundcover-Maint.  
 HB3E ..... Perennial Flowers, Roses, & Herbs-Est.  
 HB3M ..... Perennial Flowers, Roses, & Herbs-Maint.  
 HB4 ..... Annual Flowers

## Commercial Small Fruits, Ornamentals, and Nursery

FBE ..... Blueberries - Establishment  
 FBM ..... Blueberries - Maintenance  
 FCE ..... Cranberries - Establishment  
 FCM ..... Cranberries - Maintenance  
 FRE ..... Raspberries/Brambles - Establishment  
 FRM ..... Raspberries/Brambles - Maintenance  
 FGAE ..... Grapes: American - Establishment  
 FGAM ..... Grapes: American - Maintenance  
 FGEE ..... Grapes: European - Establishment  
 FGEM ..... Grapes: European - Maintenance  
 FSTE ..... Strawberries - Establishment  
 FSTM ..... Strawberries - Maintenance

## Nursery Trees & Shrubs:

N2E ..... Deciduous-Establishment  
 N2M ..... Deciduous-Maintenance  
 N3E ..... Fir-Establishment  
 N3M ..... Fir-Maintenance  
 N4E ..... Pine-Establishment  
 N4M ..... Pine-Maintenance  
 N5E ..... Spruce-Establishment  
 N5M ..... Spruce-Maintenance  
 N6E ..... Broadleaf Evergreen-Establishment  
 N6M ..... Broadleaf Evergreen-Maintenance

N7E ..... Christmas Trees-Establishment  
 N7M ..... Christmas Trees-Maintenance  
 NS ..... Cut Flowers



Mixed Vegetables: VMIX



# Soil Test Report



The University of Vermont

## Soil Test Report Agricultural & Environmental Testing Laboratory and UVM Extension

### Prepared For:

UVM Ag Testing Laboratory  
262 Jeffords Hall  
Burlington, VT 05401

agtsting@uvm.edu  
802-656-3030

### Sample Information:

Order #: 93  
Lab ID: S14-99034  
High

Area Sampled: 1 acres  
Received: 3/18/2014  
Reported: 3/14/2017  
VT County: Chittenden

### Results

Nutrient	Low	Medium	Optimum	High or Excessive
Phosphorus (P):				
Potassium (K):				
Magnesium (Mg):				

Phosphorus is excessive!!!

Analysis	Value Found	Optimum Range (or Average *)	Analysis	Value Found	Optimum Range (or Average *)
Soil pH (2:1, water)	7.0		Boron (B)	0.8	0.3*
Modified Morgan extractable, ppm			Copper (Cu)	0.9	0.3*
Macronutrients			Zinc (Zn)	2.6	2.0*
Phosphorus (P)	74.4	4-10	Sodium (Na)	46.0	20*
Potassium (K)	200	100-160	Aluminum (Al)	10	35*
Calcium (Ca)	2491	**	Soil Organic Matter %	2.6	**
Magnesium (Mg)	150	50-120	Effective CEC, meq/100g	14.2	**
Sulfur (S)	29.0	11*	Base Saturation, %		
Micronutrients			Calcium Saturation	87.6	40-80
Iron (Fe)	6.0	7.0*	Potassium Saturation	3.6	2.0-7.0
Manganese (Mn)	5.2	8.0*	Magnesium Saturation	8.8	10-30

\* Micronutrient and S deficiencies are rare in Vermont and optimum ranges are not defined; thus average values in Vermont soils are shown instead.

\*\* Ranges for Calcium, Organic Matter, and Effective CEC vary with soil type and crop.

### Recommendations for Home Vegetable (mixed) (HMLX)

Home

Limestone (Target pH of 6.8)	Nitrogen, N	Phosphate, P <sub>2</sub> O <sub>5</sub>	Potash, K <sub>2</sub> O
lbs / 100 sq ft 0	lbs / 100 sq ft 0.25 - 0.3	lbs / 100 sq ft 0	lbs / 100 sq ft 0

### Comments:

Soil tests normally do not measure nitrogen because its availability changes rapidly depending on temperature, moisture and microbial activity. Instead, N application rates are based on plant uptake needs. See enclosed fact sheet for more information.  
If your micronutrients are low, the addition of compost or a volcanic material such as Azomite may be beneficial.  
Soil test values for phosphorus and potassium are above optimum. Only a source of nitrogen is necessary this year.  
Your soil tested OPTIMUM or HIGH in both phosphorus and potassium. Add 4-5 lb per 100 sq. ft. of a high-nitrogen, low-phosphorus fertilizer, such as 6-2-1, 7-3-4; OR 8-10 lb per 100 sq. ft. of alfalfa meal; OR whatever your local supplier recommends.

If you have questions about this soil test report, contact the UVM Extension Master Gardening Helpline; from Burlington: 656-5421; from all other parts of the state: 1-800-639-2230. If you leave a message, please include the Lab ID (begins with S).

### Reference:

Lab ID: S14-99034

Page 1 of 2

High

- Soil Test Results
- Recommendation
  - Limestone
  - Nitrogen
  - Phosphorus
  - Potassium
- Management Info
- Who to call
  - (From page 2)



# FYI

- Interpretation of soil test results to help you figure out what all this soil test information means.



## Interpretation of UVM Soil Test Results

### Test Level

**LOW:** A low test result indicates a need for substantial addition of fertilizer, compost, or manure to raise soil test levels. There is a high probability of yield increase with amendment. The recommendation for a low testing soil is designed to gradually build up the nutrient level to optimum. Low pH indicates a need for lime, unless you are growing acid-loving plants such as blueberries or azaleas.

**MEDIUM:** A medium test result suggests that a moderate amount of added fertilizer, compost, or manure is needed for best results. Nutrient levels are lower than optimum for most types of plants.

**OPTIMUM:** This is the most desirable soil test range for both economic and environmental reasons. There is a low probability of crop response to added nutrients. But, in order to maintain soil tests in this range for successive years, a portion of crop removal needs to be replaced, so small additions of fertilizer, compost, or manure may be necessary to maintain these levels or for demanding crops. Small amounts of phosphorus in the plant row may be helpful in early spring plantings (starter fertilizer).

**HIGH or EXCESSIVE:** Soil test levels are higher than needed for optimum growth or yield. Excess nutrients are a potential source for environmental problems such as accelerated algal growth in ponds and lakes. Occasionally there will be plant growth problems due to nutrient imbalance. There is a very low probability of crop response to additional nutrients, except for potassium-demanding crops. A low rate of starter fertilizer may be needed.

### Analysis Descriptions

**pH** is a measure of soil acidity, with lower numbers being more acid. Most garden and horticultural plants grow well between pH 6.0 and 7.2, although acid-loving plants such as azalea or blueberry prefer a lower pH. Soil pH tends to naturally decrease over time. Application of ground limestone (calcium carbonate) or wood ash will raise pH; elemental sulfur (S) can be used to lower it. If magnesium (Mg) is low, high-magnesium (or "dolomitic") limestone should be used. For field crops other than alfalfa, liming to pH 6.2 is recommended. If you plan to grow alfalfa as part of a rotation, you should lime to pH 6.8.

**Nitrogen (N)** recommendations are based on general N needs of various plants, derived from field research on field crops. We do not routinely test for soil nitrogen, except at certain times of the cropping season (such as the spring PSNT test), because N availability changes rapidly depending on time of year, temperature, moisture, and microbial activity.

**Available phosphorus (P or phosphate)** reflects the amount of P that can be easily utilized for plant growth. Phosphorus is readily tied up in soils, especially acid soils and those with pH above 7.0. Because plants are not efficient at taking up P when soils are cold, placing P near the roots where it's needed can be beneficial to early season plant growth. Excessive P can contribute to accelerated algal growth in ponds and lakes.

**Potassium (K or potash), Magnesium (Mg), and Calcium (Ca)** are all plant nutrients that exist in the soil as positively charged ions or "cations." Potassium is frequently deficient in non-clay soils and, therefore, is a common ingredient in mixed fertilizers. Most soils that are limed to the proper pH provide adequate calcium. Magnesium can be low in sandy soils but often quite high in "heavier," clay soils.

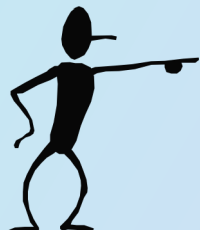
**Effective CEC (Cation Exchange Capacity)** is based on the soil test quantities of Ca, Mg, and K. CEC reflects the ability of soil to "hold" these cations. A normal range is from below 5 in sandy soils low in organic matter to over 20 in clayey soils or those high in organic matter. Base Saturation % describes the proportions of the CEC that are occupied by Ca, Mg, and K ions. No CEC estimate is given for acid soils (pH < 5.5).

**Aluminum** may also occupy part of the CEC; it is not a plant nutrient but contributes to soil acidity, and is used in estimating both lime and phosphorus needs.



# Ecological Keys To Resilient Soil

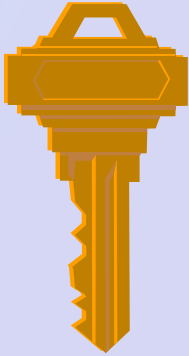
- Management for active organic matter:
  - Builds soil tilth, infiltration, resistance to surface structure being broken down.
  - Increases water holding capacity.
  - Feeds the food web to create complex relationships for stability.
  - Suppresses of pests.
  - Provides slowly mineralized N, which does not stimulate weeds like soluble forms.



(OM ameliorates natural soil properties.)

# Ecological Keys To Resilient Soil

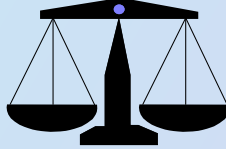
- Create and maintain biological diversity:
  - Create sources of foods with diverse plantings and organic matter additions.
  - Create habitat with plant you choose to promote beneficial insects and pollinators and build soil tilth.
  - Minimize practices that negatively impact biological diversity.

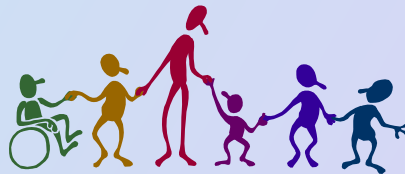
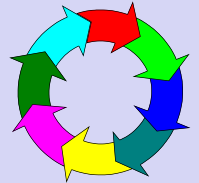


(Biodiversity provides biological buffering.)



# Biodiversity and Soil Management For Food and Habitat Means....

- Management ➡ Stability ➡ 
- Ecological Balance
  - Resistance: System's desistance to degradation
  - Resilience: System's ability to bounce back
  - Persistence: System's ability to remain unchanged
    - Efficiency of Soil Processes
      - nutrient cycling
    - Self-Regulation or Self-Sufficiency (Emergent Properties)
      - Mutualistic organism relationships
      - Pest checks and balances
- Stability – Biologically Buffered System



# Any Questions?





# Biological Slide References

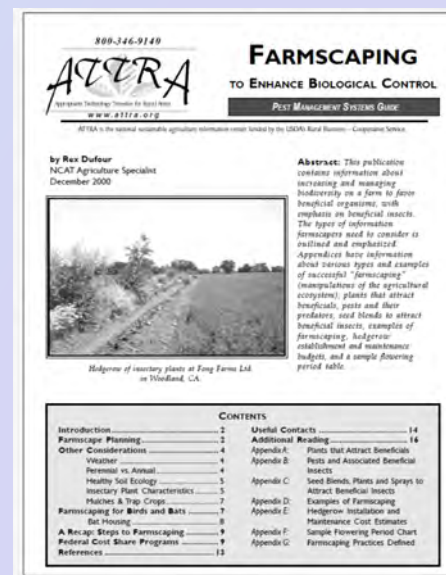
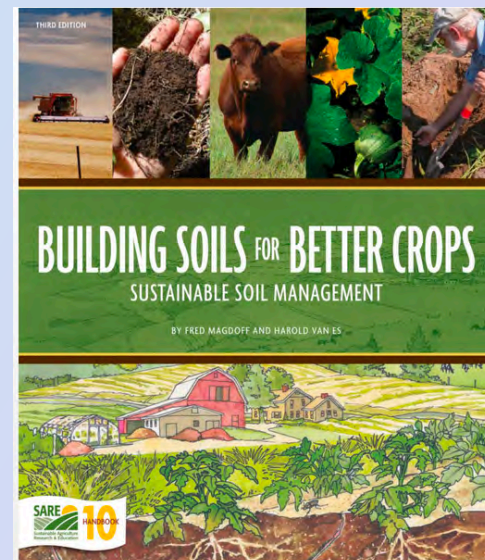
- DFW: The Decomposer Food Web: Ecology of organisms of compost and soil litter by Dr. Daniel Dindal, Professor Emeritus, Soil Ecologist, SUNY-Syracuse
- SMB: Soil Microbiology and Biochemistry from Soil Science Society of America
- WSH: Wendy Sue Harper, Ph.D.





# Free Useful Resources

- *Building Soils for Better Crops*. 2009. by Fred Magdoff and Harold van Es. Sustainable Agriculture Network. Handbook Series Book 10. <http://www.sare.org/publications/bsbc/bsbc.pdf>
- *Farmscaping to Enhance Biological Control* by Rex Dufour. ATTRA. 2000. <https://attra.ncat.org/product/farmscaping-to-enhance-biological-control/>





# The End

